

Best Art Journal Blogs

Presents 150 art journal pages by ninety-nine artists using mixed media techniques, with interviews in which the artists discuss the sources of their inspiration.

This hands-on, mess-it-up journal offers creative tips and prompts to get boys drawing, sketching, doodling, and more. It shows how to use all kinds of materials from pens, stickers, crayons, markers, and oil pastels to gel pens, glitter, Wite-Out, collage, found art, Xeroxes, photographs, and more.

Take a mixed-media journey to the very heart of your creativity! The Painted Art Journal opens doors to your most personal and authentic art yet. Tell your story as only you can, through a series of guided projects that culminate in a beautiful, autobiographical art journal worthy of passing along to future generations. Along the way, you will hone your own unique style of artful storytelling, filled with the images, colors and symbols that resonate most powerfully with you. Twenty-four inventive, step-by-step prompts help you to:

- Set the scene for making art--from establishing rituals that unlock creativity to curating a personal storyboard.
- Draw inspiration from photos, typography, sketches, childhood memories, quotes and more.
- Shape your story with timelines, gathered-word poetry and simple approaches to portraits.
- Express yourself through an exciting range of mixed-media techniques, using everything from pen and ink, markers and watercolor to image transfers, printmaking with linocuts, acrylic and collage.

A book unlike any other, The Painted Art Journal is all about digging deeper, honoring your life, and coming away with a truer understanding of yourself and your art. "Each of our stories is so different, lovely and broken in its own way." --Jeanne Oliver

The BLOG & the JOURNAL explores the fascination of keeping a journal which is the very fascination of life, - its novelty, its unpredictability, its new twists. By expressing yourself in your solitude, you can digest these ever-changing influences in your life and move on a wiser person. The many functions of the journal are discussed, and there are many exercises to help your writing shine a little brighter. People have been writing in journals for thousands of years - literally.

Amenhotep IV in ancient Egypt may be the earliest recorded observer of his own life, followed by so many wise people ever since. The journal process may have been a contributing factor to their enduring contribution to the world. Journal writing and the newest form, the Blog, is the expression of you in the celebration of your life in reflective solitude. This writing about you helps you understand yourself and that helps you understand much more about others. It's a growth experience.

Video blogging is the powerful expressive tool that transforms the way we communicate. Journaling is the time-proven practice that ignites creativity and inspires change. Naked Lens combines both and offers an exciting new experience of

video, journaling and life. Are you ready? Grab your mobile phone, camcorder, or whatever shoots video, and join the video regeneration.

The #1 New York Times bestseller. Over 3 million copies sold! *Tiny Changes, Remarkable Results* No matter your goals, *Atomic Habits* offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to: • make time for new habits (even when life gets crazy); • overcome a lack of motivation and willpower; • design your environment to make success easier; • get back on track when you fall off course; ...and much more. *Atomic Habits* will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

The system combines elements of a wishlist, a to-do list, and a diary. It makes it easy to get thoughts out of your head and onto paper, to see them clearly and decide what to do about them

Provides information for crafters and artists on creating a successful blog, covering such topics as cropping and sizing photographs, adding graphics, establishing links, and attracting an audience.

Imagine having the ability to always make calculated decisions in your life, uninfluenced by impulse, and are best for you. Imagine being able to traverse, contemplate and respond appropriately to your own thoughts, with simple and easy techniques. Welcome to the exclusive world of journaling. Journal keeping is an art somewhat lost in time, however, its relevance is at its pinnacle in this modern era. Countless icons throughout time have partaken in this craft, ranging from Albert Einstein, Marie Currie, Leonardo DeVinci and Anne Frank. Discover how to befriend stress, anxiety, depression, and many other inhibitions, and reduce their presence in your life. Achieve your goals with confidence and ease. Effortlessly track your progress on becoming the best and

most true version of yourself. "People who keep journals have life twice." - Jessamyn West (1902-1984), highly accomplished novelist and writer. In this book, you will be introduced to the special truths about journaling. You will then have everything you need to become the authority of your own reality. Whatever improvements you wish to see, health, wealth, cognitive behaviour, more fruitful relationships, you are guaranteed to make some serious and enlightening headway. You just need a pen, paper, and these proven strategies. Expression really is the opposite of depression. The guidelines for journaling have been made so easy to follow that you will have success with it, even if you currently lack dedication or motivation in your life. No matter who you are, what you do or where you are in life, you can benefit greatly from this book. Attaining heightened awareness of oneself will always be invaluable. There is so much you can do with it, and if you don't know how, you will. That's why this book is for you!

Kiss those excuses goodbye! "I don't have time." "I don't know what to journal about." "I can't keep the momentum going." Sound familiar? What are your excuses for not spending time with your art journal? Get ready to cast those excuses aside because Gina Rossi Armfield's No Excuses Art Journaling offers a no-fail approach to art journaling. Using a day planner as your art journal, you'll find daily, weekly and monthly prompts that you can adapt to fit your real-life, busy schedule. Along the way, you'll learn fun and convenient techniques to add sketching, watercolor painting, collage and more into your journal, all while setting goals, creating art and chronicling your unique life. Inside You'll Find:

- More than 20 mixed-media art journaling techniques demonstrated step-by-step so you can add color, style and life ephemera to your journal.
- 6 pages of journaling prompts and tips for every month of the year.
- Dozens of inspirational art journal pages by Gina and 12 guest artists to show how you can make the No Excuses program decidedly yours. Grab your journal and pen, and kick your excuses to the curb!

Layer, Stitch, Scrunch, Pull & Flick • 50 fabulous and simple step-by-step techniques that will be valuable for all crafters, from beginner mixed-media artists to advanced papercrafters and scrapbookers. • 75+ imaginative layouts and projects using innovative techniques, that can be applied to any medium, whether paper crafter, fiber artist, or messy artist. • A mixed-media crossover for all crafters or scrapbookers that will teach you how to make paper resemble lace, to flicking acrylic paint off of a toothbrush, or using household items to create your own stencil! Layer with Ronda Palazzari as she teaches you just how easy it is to get that desired layered look in any project. With five chapters, Art of Layers will help you build your skills, from various paper techniques, to working with fabric and adding embellishing, stamping, and experimenting with paints, mists and gesso.

Accompanying projects show each technique in action and illustrate how they can be used in combination, to develop endless possibilities for an even grander project. Layer, play and have fun with Art of Layers!

You probably have your favorite blogs to visit each day, but there are countless other blogs that you could never find on your own and that could potentially be added to the top of your favorites! Blogosphere: Best of Blogs is a collection of the blogs you've heard about and the ones still waiting to be discovered. Organized into sections based on interests and moods, you'll find a listing of the best blogs out there, along with the reasons why they've made the list. Complete with searching tips and strategies, Blogosphere will help you find the greatest voices in the blogging universe.

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Journal with Purpose is the ultimate reference for journaling, packed with over 1000 motifs that you can use to decorate and enhance your bullet or dot journal pages. Copy or trace direct from the page, or follow one of the quick exercises to improve your skills. Featuring all the journal elements you could wish for – banners, arrows, dividers, scrolls, icons, borders and alphabets – this amazing value book will be a constant source of inspiration for journaling and an 'instant fix' for people who find the more artistic side of journaling a challenge.

Words--Color--Courage Bravely document your life's journey with Art Journal Art Journey: Collage and Storytelling for Honoring Your Creative Process. Artist Nichole Rae is your creative companion and guide as you explore your art journaling journey in three easy steps. Begin by putting the journal in art journal: A variety of prompts and writing styles help you breathe life into your hopes, feelings and intentions. Then put the art in art journal: Use your writing to develop a theme for your art journal. Illustrate your story by adding photos, illustrations and ephemera. Finally, explore your creative process: Ponder color, words and symbols as you build beautifully layered collage pages. Along this art journaling path, you'll find the strength to listen to your heart and find your creative voice. All you have to do is Embrace the Journey. Includes: • Journaling prompts • 15 mixed-media and collage techniques • Dozens of inspirational journal pages

It's time to see what the stencil can do! The simple stencil can be the most versatile tool in your creative studio. Stencils create background effects, foreground details and a complex beauty that's surprisingly easy to achieve. In Stencil Girl, Mary Beth Shaw will lead you step-by-step through 18 projects that will have you thinking about stencils in a whole new light as you discover how to use them with paint, wood burning, encaustic, hand stitching, metalwork and much more. Prepare to be inspired by what's inside! Helpful tips for the best way to use stencils in a wide range of applications. Complete step-by-step instruction for a variety of projects including art for the wall, home decor, gifts and "just for fun." Inspiring gallery pieces from 20 contributing artists, plus many bonus projects with links to online instruction. Start to explore the potential of the stencil today. See how Stencil Girl will open up a new world of art-making possibilities to satisfy your creative cravings.

How to Draw Fun, Fab Faces is a fun-for-all-ages, comprehensive guide to drawing simple, beautiful, female faces. With clear, easy to follow step-by-step directions, fun drawing prompts, full color examples and tons of encouragement, drawing pretty faces has never been easier! In addition to 70+ pages of instructions and fun, engaging activities, budding artists can further hone their skills by rendering the bonus coloring pages! This is a great addition to any artists' drawing library and is truly fun and useful for all ages. The book also has an accompanying e-course for those wishing to further their study and practice in the art of drawing fun, fabulous faces. Go to AwesomeArtSchool.com to learn more!

In Craft a Life You Love, readers will learn how to focus their creative energy and make things (and make things happen) by implementing small—yet powerful— changes in their everyday lives. In this memoir and hardworking handbook,

creativity and craft maven Amy Tangerine, shows readers how to find their flow, maintain a positive mindset, and cultivate a rich and fulfilling life by focusing on what truly matters. Chapters explore how to craft the soul, craft the right mindset, craft the right environment, craft good habits, rediscover your creative mojo, and maintain momentum, with each section offering exercises for taking your creative practice to the next level. For anyone who has felt disconnected from their creativity or has had trouble saving a space for their passions, *Craft a Life You Love* will teach you how to make time for creativity each and every day.

This minimalist and classic notebook - *Journal* is a wonderful multi-purpose journal for sketching, jotting down thoughts, and writing notes. The notebook is made with flexible matte laminated paperback cover. Therefore, the notebook is durable to withstand any adventure. Check out the specifications for more information. If you would like to see a sample of the notebook, click on the "Look Inside" feature.

Every collage has a tale to tell. Tell your story in paper, fabric, and objects collected from your world. *Storytelling With Collage* will inspire you to capture your poetic thoughts, fond memories and passionate daydreams in a soft and simple style. Using simple tools and supplies that delight you, you'll learn to work with a variety of prompts and will discover how each element you select--from small shells collected on your last trip to the pretty paper you unwrapped from a recent gift--has its own part of a complete narrative. Nine collage prompts will walk you step-by-step through a collage creation as you work with textured papers, fabric, stitching, found objects, images, natural materials, color, wax and metal. In addition, inside you will find:

- Numerous Tasks--ideas for combing your world for collage fodder
- Beautiful photos to inspire you to customize your own worktable
- Perspective on finding inspiration outside your window through the seasons
- Extra inspiration in each chapter from the Collage Stories and works by 25 contributing artists

Capture the textures and colors of your moments today through your own *Storytelling With Collage*!

This notebook journal is the perfect gift for bloggers, blogging enthusiasts, and DIY bloggers running the best blogging site themselves! This is an excellent gift and alternative present for bloggers instead of the usual blogging equipment like a mic or other blogging tradecraft. Key features of this novelty blogging journal: Unique, novel, and special blogging or blogger quote cover art design Perfect alternative gift or present for diy bloggers running the best blogging site they possibly can Use this journal as a blogging planner, write down blog ideas like craft diy blogs, home decor, food, bikini, furniture, cooking or cookbook blogs and more This is the gift for beginner bloggers starting a diy blog and can form part of a blog or blogging kit to document "what should I blog about" or "how often should I blog" ideas Contains 100 pages Printed on high-quality white interior pages Matte-finish cover 6 inches by 9 inches or 15.24 cm by 22.86 cm journal notebook size Buy it now!

A "font" of information on lettering styles! The Art of Whimsical Lettering is an artful instruction book on creating stylized fonts and expressive artwork with personal handwriting skills. Author Joanne Sharpe shows you how to create exuberant and personalized writing styles for your artwork—whether it be a journal, canvas art, or other projects that use text. After an overview of Joanne's favorite tools and surfaces, take a peek into Joanne's personal lettering journal to discover how you too can collect inspiration, hone your lettering skills, and tap into your natural creativity. Joanne then demonstrates twenty art techniques for creating a variety of lettering styles using many different tools. She provides you with fifteen basic alphabets, ranging from simple pen-and-ink renditions to increasingly elaborated texts that reference calligraphy, vintage fonts, and doodle art, among other styles. Joanne also teaches you how to turn prosaic lettering into page art itself, merging text into illustration, or ornamenting words with decorative drawings.

Over 1,000 journal pages presented in one beautiful full-color book Journals offer their makers a safe place to dream, doodle, rant, and reinvent themselves. They offer viewers rich, visual inspiration. There is a fascination with these revealing and often beautiful pages of self-exploration and personal expression. Journals offer a tantalizing, voyeuristic view of an interior life. This would be the first book to offer examples of over 1000 journal pages in one eye-catching, visual format, and would attract a wide swathe of artists who fully embrace or experiment with this medium. Journaling has seeped into popular culture in a big way and this collection provides a wide array of ideas, techniques and themes to inspire and inform mixed media and journaling enthusiasts. Meaning in life is made, not found. In a raw-art journal, you don't need to know how to draw; you don't need to know how to write well. You don't need worry about messing up techniques you've never attempted before inside your raw-art journal. You just need to be you because raw art is you and it thrives on creative play, on experimentation and even on making mistakes. Raw Art Journaling will teach you how to embrace your art, confront negative self-talk (a.k.a., your gremlin) and make meaning with your words and with your art. Inside Raw Art Journaling you'll discover how to:

- Write meaningful thoughts with a single sentence
- Create thought-provoking poems through found poetry
- Uncover images hidden in your photos
- Make personal meaning with the simplest of lines
- Finally feel free to make mistakes
- Use clever techniques to keep your secrets secret

Quiet your gremlin, grab your permission slip (it's on page 19) and start making meaning in your own raw-art journal today!

Workbook contains more than 130 stress management exercises that show how to withstand the pressures of whatever stress might come your way.

Gather Your Art Journal Supplies: • Journal • Pens • Paint • Courage! Discover the techniques and courage you need to journal bravely! With Dina's help, you'll begin by working through any fears you have of using your own handwriting. You'll get journaling prompts and techniques to help you develop a handwriting style you'll love and words you'll want to write! Then, you'll move onto drawing: you'll learn not only how to train your hand, but also how to appreciate your own unique drawing ability. As you continue through the eight chapters, you will learn additional mixed-media techniques to help you overcome your fears of new materials,

using photos of yourself, creating layers, working without a plan and much more. Put your worries aside and create fearlessly! You'll find:

- Eight common journaling fears dispelled
- Twenty techniques to give you art journal courage
- Dozens of colorful art journal pages to inspire your own art

Elegantly repackaged, *The Morning Pages Journal* is one of *The Artist's Way's* most effective tools for cultivating creativity, personal growth, and change. Now more compact and featuring spiral binding to make for easier use, these Morning Pages invite you to do three pages daily of longhand writing, strictly stream-of-consciousness, which provoke, clarify, comfort, cajole, prioritize, and synchronize the day at hand. This daily writing, coupled with the twelve-week program outlined in *The Artist's Way*, will help you discover and recover your personal creativity, artistic confidence, and productivity. *The Artist's Way Morning Pages Journal* includes an introduction by Julia Cameron, complete instructions on how to use the Morning Pages and benefit fully from their daily use, and inspiring quotations that will guide you through the process.

Using words, drawing, collage, and observation-based list-making, award-winning author Emily K. Neuburger highlights the many paths into journaling. Her 60 interactive writing prompts and art how-tos help you to expand your imagination and stimulate your creativity. Every spread invites a new approach to filling a page, from making a visual map of a day-in-my-life to turning random splotches into quirky characters for a playful story. It's the perfect companion to all those blank books and an ideal launchpad to explore creative self-expression and develop an imaginative voice — for anyone ages 10 to 100! Teachers' Choice Award Winner Mom's Choice Awards Winner Foreword INDIES Gold Award Winner National Parenting Product Awards Winner

Discover the Joy of Art Journaling An artist's journal is a powerful creative tool, offering you a safe place to experiment, explore, consider and improve. *Artist's Journal Workshop* provides all the guidance, structure and inspiration you need to create a meaningful art-journaling practice. Starting with the question, "What do you want from your journal?" you'll build a sound journaling concept that will serve your unique creative needs and give you the freedom to practice, play and develop as an artist. Featuring rich visual examples on every page, you'll receive continual guidance and inspiration from:

- 27 international artists who share pages and advice from their own art journals
- More than 25 hands-on exercises to help you personalize your journal while developing new ideas and techniques
- Journal pages featuring travel sketching, nature studies and celebrations of daily life
- Prompts for visually commemorating life events and milestones
- Support for working through creative doubts and blocks
- A range of artistic styles and perspectives to study and admire
- Instruction for trying your hand at new methods and materials

This is the perfect opportunity for you to begin realizing your artistic potential--one page at a time. Begin the journey today!

Be inspired to use your stash of papers, mementos and accents to create something wonderful! You'll find over 120 valuable tips, ideas, samples, and instructions for creating your very own 'Smash It In' journals.

An instructive guide to creating an illustrated journal based on artist and Instagram sensation Samantha Dion Baker's unique creative process, featuring information on materials, creative inspiration and instruction, prompts, and helpful tips and tricks. Samantha Dion Baker is a widely admired and followed artist on Instagram, where she shares her "sketch journal," an illustrated daily record of her life, drawn in a

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fresh, modern style. In *Draw Your Day*, Baker guides you through her inspirational practice and provides guidance for starting your own. Part instructional guide and part encouraging manifesto about how making art—even art that's not museum-worthy—can make your life more mindful and meaningful, *Draw Your Day* is ideal for both seasoned artists looking for fresh inspiration, as well as aspiring artists who need a friendly nudge to get started.

Bring out your child's creativity and imagination with more than 60 artful activities in this completely revised and updated edition *Art making is a wonderful way for young children to tap into their imagination, deepen their creativity, and explore new materials, all while strengthening their fine motor skills and developing self-confidence.* The *Artful Parent* has all the tools and information you need to encourage creative activities for ages one to eight. From setting up a studio space in your home to finding the best art materials for children, this book gives you all the information you need to get started. You'll learn how to:

- * Pick the best materials for your child's age and learn to make your very own
- * Prepare art activities to ease children through transitions, engage the most energetic of kids, entertain small groups, and more
- * Encourage artful living through everyday activities
- * Foster a love of creativity in your family

By nature, art journaling is a private activity. But when Dawn Sokol's first book, *1000 Artist Journal Pages*, broke the fourth wall and shared the work of artists all over North America and parts of Europe, it created a ripple of inspiration throughout the art journaling community. In this much-anticipated follow-up, Sokol features more than 1,000 new, captivating pages, this time—by popular demand—from artists across the globe. Lists of techniques and materials used for each page, plus behind-the-scenes interviews, give readers a glimpse inside the minds of new and established artists, making this a stimulating compilation sure to inspire beginners and seasoned art journalers alike.

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