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The King Inside: Practical Advice for Young African-American Males, aims to give you a foundation on several areas in life where your decision-making will be challenged. Topics such as family, education, mentorship, friendship, and finances are included to give you an introductory understanding of these critical life issues.

Mometrix Test Preparation's ASVAB Secrets Study Guide is the ideal prep solution for anyone who wants to pass their Armed Services Vocational Aptitude Battery. The exam is extremely challenging, and thorough test preparation is essential for success. Our study guide includes: Practice test questions with detailed answer explanations Step-by-step video tutorials to help you master difficult concepts Tips and strategies to help you get your best test performance A complete review of all ASVAB test sections Word Knowledge Test Paragraph Comprehension Test Arithmetic Reasoning and Mathematics Knowledge Test General Science Assembling Objects Mechanical Comprehension Mometrix Test Preparation is not affiliated with or endorsed by any official testing organization. All organizational and test names are trademarks of their respective owners. The Mometrix guide is filled with the critical information you will need in order to do well on your ASVAB exam: the concepts, procedures, principles, and vocabulary that the United States Military Entrance Processing Command expects you to have mastered before sitting for your exam. The Word Knowledge Test section covers: Determining word meaning Testing tips The Paragraph Comprehension Test section covers: Comprehension skills Critical thinking skills The Arithmetic Reasoning and Mathematics Knowledge Test section covers: Math basics Geometry basics Probability basics Statistics basics The General Science section covers: Earth and space science Biology Chemistry Physics The Assembling Objects section covers: Assembling objects The Mechanical Comprehension section covers: Velocity Mass Friction Energy Collisions Fluids Lever Gears ...and much more Our guide is full of specific and detailed information that will be key to passing your exam. Concepts and principles aren't simply named or described in passing, but are explained in detail. The Mometrix ASVAB study guide is laid out in a logical and organized fashion so that one section naturally flows from the one preceding it. Because it's written with an eye for both technical accuracy and accessibility, you will not have to worry about getting lost in dense academic language. Any test prep guide is only as good as its practice questions and answer explanations, and that's another area where our guide stands out. The Mometrix test prep team has provided plenty of ASVAB practice test questions to prepare you for what to expect on the actual exam. Each answer is explained in depth, in order to make the principles and reasoning behind it crystal clear. Many concepts include links to online review videos where you can watch our instructors break down the topics so the material can be quickly grasped. Examples are worked step-by-step so you see exactly what to do. We've helped hundreds of thousands of people pass standardized tests and achieve their education and career goals. We've done this by setting high standards for Mometrix Test Preparation guides, and our ASVAB Secrets Study Guide is no exception. It's an excellent investment in your future. Get the ASVAB review you need to be successful on your exam.

Highlights the stories of clever feline companions of an alchemist, a princess, a planet-hopping lion tamer, and others, in a collection that includes works by Andre Norton, Mercedes Lackey, Jayge Carr, and Elizabeth Ann Scarborough. Original.

Easter Cracked is a vital resource for churches hoping to make the most of the opportunities they have to reach out during Easter. Contains services, craft, drama and more to use with all-ages.

Beyer on Speed shows the way, explaining how to relate the numbers to such factors as pace, track bias, and track conditions. It reveals optimal uses of the figures based on computer analysis of more than 10,000 races. Beyer on Speed presents a revolutionary way to play the horses and win. Blending colorful anecdotes with incisive instruction, this is a landmark book by a master handicapper.

Based on popular essays in New York Times' Modern Love and Salon, as well as an Off-Broadway one-person play, The Pleasure Plan is a sexual healing odyssey, a manifesto for women to claim pleasure as a priority, and a love story all at once. Fifty percent of adult women have some form of sexual dysfunction at some point of their lives, preventing them from enjoying vibrant, soul-satisfying sex. Such was the case with Laura Zam, who suffered the blame, shame, and embarrassment of feeling bedroom broken. For her, delving between the sheets meant physical pain, zero desire, and emotional scars from being molested in her early years. However, in her late forties, after meeting and marrying the love of her life, Zam was determined to finally fix her sensual self. This is her brave and bawdy plan to triage her flaccid romantic life, stepping into a void where intimacy, self-love, and playfulness could be experienced--the full monty of Eros that had been missing from her existence. The Pleasure Plan is what happened when she decided to challenge her hopelessness. In partnership with her initially reluctant husband, she visited 15 healers and tried 30 pleasure-enhancing methods: from dilators and dildos, to hypnosis and hosting a sex brunch, to cleansing chakras, to making love to her husband in front of a geriatric Tantric goddess. Packed with humor, heart, and a healthy dose of prescriptive advice, this book chronicles Zam's insight as she confronts many issues—from mismatched libidos to female erection enlightenment. Throughout this journey, she and her husband grow as individuals and as a couple, both in and out of the bedroom. Fearlessly honest and full of inspiration, Zam peels back the layers—or covers—and exposes her foibles, insecurities, and eventual wisdom as she excavates past traumas, accepts and embraces her worth, and claims her right to be completely alive. Today, Laura works as a sexuality educator, wellness coach, and speaker helping other women who suffer from sexual dysfunction, the effects of trauma, or those who would simply like more pleasure (of all kinds) in their lives. She also consults with health care providers so they may better assist their clients in achieving sexual well-being. While The Pleasure Plan is Zam's personal narrative, it demystifies pervasive taboos, encouraging women to make pleasure a priority, while teaching them how to claim (or reclaim) the power of their sexual selves. It also shows men how they can support their partners in this #Metoo era. Healthy, sultry intimacy is a right; it is time for women to learn—through glorious trial and error—how to embrace the sensual side of themselves. . . exuberantly and unabashedly.

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