

Psychedelics Encyclopedia

This handbook reviews promising applications of psychedelics in treatment of such challenging psychiatric problems as posttraumatic stress disorder, major depression, substance use disorders, and end-of-life anxiety. Experts from multiple disciplines synthesize current knowledge on psilocybin, MDMA, ketamine, and other medical hallucinogens. The volume comprehensively examines these substances' neurobiological mechanisms, clinical effects, therapeutic potential, risks, and anthropological and historical contexts. Coverage ranges from basic science to practical clinical considerations, including patient screening and selection, dosages and routes of administration, how psychedelic-assisted sessions are structured and conducted, and management of adverse reactions.

This volume brings together the latest basic and clinical research examining the effects and underlying mechanisms of psychedelic drugs. Examples of drugs within this group include LSD, psilocybin, and mescaline. Despite their structural differences, these compounds produce remarkably similar experiences in humans and share a common mechanism of action.

Commonalities among the substances in this family are addressed both at the clinical and phenomenological level and at the basic neurobiological mechanism level. To the extent possible, contributions relate the clinical and preclinical findings to one another across species. The volume addresses both the risks associated with the use of these drugs and the potential medical benefits that might be associated with these and related compounds.

Scientist and psychonaut David Luke weaves personal experience and scientific research in this comprehensive exploration of chemically mediated extra ordinary human experiences."Emphasizing parapsychological aspects of the psychedelic experience, Luke's new book fills in a fascinating and previously neglected lacuna in the burgeoning field of human studies with these compounds. " - Rick Strassman, PhD "A psychedelic Indiana Jones. " - Matt Colborn, PhD "David Luke's delightful one-liner about his book is that it's 'about weird people in weird places taking weird substances doing weird things and, importantly, having weird experiences' . . . On reflection, it's much more profound than that . . . So weird reader, forge ahead without fear. " - Dean Radin, PhD "In his fascinating book David plunges into this controversial topic and gives the backstory, the front story, and possible ways forward to bring paranormal and psychedelic research together, and further our understanding of both. " - Dennis J. McKenna, PhD "A remarkable collection and a necessary one. This body of research illuminates aspects of psychedelic experiences usually obscured or denied in the medical and clinical research and sensationalized in the popular press. " - James Fadiman, PhD "A real Dr Gonzo. " - Will Self

Summarizes Grof's experiences and observations from more than forty years of research into non-ordinary states of consciousness. This accessible and comprehensive overview of the work of Stanislav Grof, one of the founders of transpersonal psychology, was specifically written to acquaint newcomers with his work. Serving as a summation of his career and previous works, this entirely new book is the source to introduce Grof's enormous contributions to the fields of psychiatry and psychology, especially his central concept of holotropic experience, where holotropic signifies "moving toward wholeness." Grof maintains that the current basic assumptions and concepts of psychology and psychiatry require a radical revision based on the intensive and systematic research of holotropic experience. He suggests that a radical inner transformation of humanity and a rise to a higher level of consciousness might be humankind's only real hope for the future. "It's rare to find a textbook that is both extremely informative and enjoyable to read. Psychology of the Future has to be one of the first ones I've ever come across ... Each chapter brought an entirely new concept, theory, or method that was just as engaging as the previous one." — Dr. Tami Brady, TCM Reviews "This book is by a pioneering genius in consciousness research. It presents the full spectrum of

Grof's ideas, from his earliest mappings of using LSD psychotherapy, to his clinical work with people facing death, to his more recent work with holotropic breathing, to his latest thoughts about the cosmological implications of consciousness research and the prospects for dealing with an emerging planetary crisis. Grof has always been one of the most original thinkers in the transpersonal field, and his creativity has kept pace with the maturity of his overall vision." -- Michael Washburn, author of *Transpersonal Psychology in Psychoanalytic Perspective* "Grof offers an outstanding contribution to the ever-growing debate about the nature of human consciousness and about the place of humankind in the cosmos. If more psychiatrists could be persuaded that human consciousness transcends the limitations of the physical brain, and instead is but an aspect of what may best be described as 'cosmic consciousness,' we could not only expect treatment modalities to change, but we could also anticipate the possibility of culture-wide rethinking of the basic presuppositions of modern cosmology, the cosmology that grounds Western institutions, ideologies, and beliefs about the nature of personhood." -- Michael E. Zimmerman, author of *Contesting Earth's Future: Radical Ecology and Postmodernity*

Reveals how psychedelics can facilitate spiritual development and direct encounters with the sacred • With contributions by Albert Hofmann, Huston Smith, Stanislav Grof, Charles Tart, Alexander "Sasha" Shulgin, Brother David Steindl-Rast, and many others • Includes personal accounts of Walter Pahnke's Good Friday Experiment as well as a 25-year follow-up with its participants • Explores protocols for ceremonial use of psychedelics and the challenges of transforming entheogenic insights into enduring change Modern organized religion is based predominantly on secondary religious experience--we read about others' extraordinary spiritual encounters with God but have no direct experience ourselves. Yet there exist powerful sacraments to help us directly experience the sacred, to help us seek out the meaning of being human and our place in the universe, and to help us see the sacred in the world that surrounds us. In this book, more than 25 spiritual leaders, scientists, and psychedelic visionaries examine how we can return to the primary spiritual encounters at the basis of all religions through the guided use of psychedelics. With contributions by Albert Hofmann, Huston Smith, Stanislav Grof, Charles Tart, Alexander "Sasha" Shulgin, Brother David Steindl-Rast, Myron Stolaroff, and many others, this book explores protocols for ceremonial and spiritual use of psychedelics, including LSD, psilocybin, ayahuasca, and MDMA, and the challenges of transforming entheogenic insights into enduring change. It examines psychoactive sacraments in the Bible, myths surrounding the use of LSD, and the transformative ayahuasca rituals of Santo Daime. The book also includes personal accounts of Walter Pahnke's Good Friday Experiment as well as a 25-year follow-up with its participants. Dispelling fears of inauthentic spirituality, addiction, and ill-prepared encounters with the holy, this book reveals the potential of psychedelics as catalysts for spiritual development, a path through which faith can directly encounter God's power, and the beginning of a new religious era based on personal spiritual experience.

Hallucinogens: A Forensic Drug Handbook is a comprehensive reference for everyone involved in the identification, investigation, and forensic analysis of hallucinogenic drugs. The text begins with a review of the history of these drugs and their abuse, and then takes an in-depth look at the many different types of hallucinogens, their chemical make-up, how they affect users, how they are manufactured and distributed, and how they can be detected and analyzed. Hallucinogens covers the most commonly abused drugs such as LSD, MDMA ("Ecstasy"), and PCP ("Angel Dust"), as well as many lesser-known chemical substances that cause similar effects. Chapters have been contributed by leading analysts and investigators around the world, and are highlighted with numerous illustrations. This unique handbook will serve is a cross-disciplinary source of information for forensic toxicologists, law enforcement officers, and others involved in the fight against drugs. * Brings together comprehensive information on hallucinogenic drugs in one convenient source * Covers everything from abuse

of these drugs to pharmacology, effects, forms, manufacturing methods, distribution, and forensic analysis * Contains numerous illustrations, chemical structures, and analytic spectra for each drug * Includes contributions from many of the world's leading investigators and analysts

Traces the history of the use of hallucinogenic drugs and discusses the psychological and physical effects of LSD, marijuana, mescaline, and other drugs

Psychedelics for spiritual, therapeutic, and problem-solving use • Presents practices for safe and successful psychedelic voyages, including the benefits of having a guide and how to be a guide • Reviews the value of psychedelics for healing and self-discovery as well as how LSD has facilitated scientific and technical problem-solving • Reveals how microdosing (ultr-low doses) improve cognitive functioning, emotional balance, and physical stamina • This year 600,000 people in the U.S. alone will try LSD for the first time, joining the 23 million who have already experimented with this substance Called "America's wisest and most respected authority on psychedelics and their use," James Fadiman has been involved with psychedelic research since the 1960s. In this guide to the immediate and long-term effects of psychedelic use for spiritual (high dose), therapeutic (moderate dose), and problem-solving (low dose and microdose) purposes, Fadiman outlines best practices for safe, sacred entheogenic voyages learned through his more than 40 years of experience--from the benefits of having a sensitive guide during a session (and how to be one) to the importance of the setting and pre-session intention. Fadiman reviews the newest as well as the neglected research into the psychotherapeutic value of visionary drug use for increased personal awareness and a host of serious medical conditions, including his recent study of the reasons for and results of psychedelic use among hundreds of students and professionals. He reveals new uses for LSD and other psychedelics, including microdosing, extremely low doses, for improved cognitive functioning and emotional balance. Cautioning that psychedelics are not for everyone, he dispels the myths and misperceptions about psychedelics circulating in textbooks and clinics as well as on the internet. Exploring the life-changing experiences of Ram Dass, Timothy Leary, Aldous Huxley, and Huston Smith as well as Francis Crick and Steve Jobs, Fadiman shows how psychedelics, used wisely, can lead not only to healing but also to scientific breakthroughs and spiritual epiphanies.

This useful two-volume set will provide buyers of subject encyclopedias with a substantial amount of valuable information they can use in making their purchasing decisions. It will also provide all types of librarians and their patrons with a quick, one-stop method for locating the appropriate subject encyclopedias for their needs and for locating articles in the 100 encyclopedias. Librarians who specialize in bibliographic instruction will also find it to be a useful tool for teaching students how to locate needed information.

Can drugs be used intelligently and responsibly to expand human consciousness and heighten spirituality? This two-volume work presents objective scientific information and personal stories aiming to answer the question. • Includes coverage of a variety of drugs, most of which are currently illegal in the United States, accompanied by scientific explanations of how they spur spiritual experiences • Offers compelling narratives from individuals—both laypeople and professionals—who found new dimensions within their lives and heightened their spirituality by the use of entheogens • Supplies information about medical experiments and new treatment modes that provide definitive breakthrough methods for caring for suffering people

An annotated bibliography lists reference sources for those academic and public libraries that can't buy everything but want the best for their patrons

Describes the dramatic effects people experience when consuming psychoactive mushrooms. There are over 100 "entheogenic" fungi known to stimulate ecstatic states in curious seekers. Stafford recounts the known history of magic mushrooms, also called "sacred" mushrooms, and describes the interesting aspects of this extraordinary class of mind-changers. He tells

how they are psychically relaxing and focusing, and act as a catalyst to creative breakthroughs. The most comprehensive guide to the botany, history, distribution, and cultivation of all known psychoactive plants • Examines 414 psychoactive plants and related substances • Explores how using psychoactive plants in a culturally sanctioned context can produce important insights into the nature of reality • Contains 797 color photographs and 645 black-and-white illustrations In the traditions of every culture, plants have been highly valued for their nourishing, healing, and transformative properties. The most powerful plants--those known to transport the human mind into other dimensions of consciousness--have traditionally been regarded as sacred. In *The Encyclopedia of Psychoactive Plants* Christian Rätsch details the botany, history, distribution, cultivation, and preparation and dosage of more than 400 psychoactive plants. He discusses their ritual and medicinal usage, cultural artifacts made from these plants, and works of art that either represent or have been inspired by them. The author begins with 168 of the most well-known psychoactives--such as cannabis, datura, and papaver--then presents 133 lesser known substances as well as additional plants known as "legal highs," plants known only from mythological contexts and literature, and plant products that include substances such as ayahuasca, incense, and soma. The text is lavishly illustrated with 797 color photographs--many of which are from the author's extensive fieldwork around the world--showing the people, ceremonies, and art related to the ritual use of the world's sacred psychoactives.

Provides a framework for understanding the enormous amount of information available on psychoactive substances. Stafford relays the history, botany, chemistry, physical and mental effects, forms, sources, and preparations of LSD—the most potent and representative of class of drugs called psychedelics. Stafford claims that psychedelics offer surprising benefits to society and he explores the record of promising studies that were truncated in the 1960s, along with a commentary of developments since that time.

From Bill Minutaglio and Steven L. Davis, authors of the PEN Center USA award-winning *Dallas 1963*, comes a madcap narrative about Timothy Leary's daring prison escape and run from the law. On the moonlit evening of September 12, 1970, an ex-Harvard professor with a genius I.Q. studies a twelve-foot high fence topped with barbed wire. A few months earlier, Dr. Timothy Leary, the High Priest of LSD, had been running a gleeful campaign for California governor against Ronald Reagan. Now, Leary is six months into a ten-year prison sentence for the crime of possessing two marijuana cigarettes. Aided by the radical Weather Underground, Leary's escape from prison is the counterculture's union of "dope and dynamite," aimed at sparking a revolution and overthrowing the government. Inside the Oval Office, President Richard Nixon drinks his way through sleepless nights as he expands the war in Vietnam and plots to unleash the United States government against his ever-expanding list of domestic enemies. Antiwar demonstrators are massing by the tens of thousands; homemade bombs are exploding everywhere; Black Panther leaders are threatening to burn down the White House; and all the while Nixon obsesses over tracking down Timothy Leary, whom he has branded "the most dangerous man in America." Based on freshly uncovered primary sources and new firsthand interviews, *THE MOST DANGEROUS MAN IN AMERICA* is an American thriller that takes readers along for the gonzo ride of a lifetime. Spanning twenty-eight months, President Nixon's careening, global manhunt for Dr. Timothy Leary winds its way among homegrown radicals, European aristocrats, a Black Panther outpost in Algeria, an international arms dealer, hash-smuggling hippies from the Brotherhood of Eternal Love, and secret agents on four continents, culminating in one of the trippiest journeys through the American counterculture.

Millones de hispanohablantes consideran verídicos los libros de Carlos Castaneda, probablemente porque la mayoría de ellos no han leído esta traducción al español del libro del profesor Jay Fikes, Carlos Castaneda, oportunismo académico y los psiquedélicos años

sesenta. El Dr. Fikes publicó este libro en Canadá en 1993, después de llevar a cabo años de investigación en México y en los Estados Unidos. Ahora dos españoles, Juan Samper y Lourdes Escario, han traducido el libro de Fikes sin retribución económica, convencidos de que será de provecho para todos. La afirmación central de Carlos Castaneda, haber aprendido brujería de un anciano indio yaqui llamado don Juan Matus, se contradice con las pruebas del profesor Jay Fikes. Su investigación revela que los escritos de Castaneda están basados en caricaturas de un huichol llamado Ramón Medina Silva y de otros indios mexicanos que conoció Castaneda. El libro de Fikes expone los elementos más sensacionalistas de la pseudoetnografía encantadora de Castaneda a la vez que examina quién y qué le ayudó a convertirse en un héroe antropológico y en uno de los padrinos del movimiento New Age. El libro de Fikes inspira respeto por los rituales huicholes de los primeros frutos y por las peregrinaciones del peyote, resume las ceremonias de la Native American Church y repasa los momentos culminantes de los años sesenta, la época turbulenta en la que Castaneda se convirtió en un autor de éxito. Fikes muestra cómo y por qué Aldous Huxley, el Dr. Timothy Leary, Gordon Wasson y varios antropólogos de Los Angeles contribuyeron a crear una audiencia ansiosa por creer que los cuentos chinos de Castaneda eran ciertos. Fikes explica cómo y por qué Castaneda y sus aliados antropólogos de la Universidad de California en Los Angeles hicieron de los huicholes un imán para buscadores de chamanes análogos al maestro de ficción de Castaneda, don Juan, poniendo así en peligro las ancestrales peregrinaciones del peyote de los huicholes. Algunos creyentes en las historias sensacionalistas de Castaneda contribuyeron al trágico fallo del Tribunal Supremo de los Estados Unidos de 1990, que denegaba la libertad religiosa a unos 300.000 miembros de la Native American Church que veneran el peyote. La extensa investigación de Fikes y su experiencia de primera mano con peyote entre los huicholes y en las ceremonias de la Native American Church le cualifican de modo excepcional para desacreditar las absurdas alegaciones de Castaneda sobre chamanes y peyote, entre ellas su afirmación de que el espíritu del peyote ("Mescalito") decretó su aprendizaje con don Juan Matus. El autor del prefacio, Dr. Phil Weigand, es Profesor Investigador del Centro de Estudios Arqueológicos en el Colegio de Michoacán. Ha publicado numerosos libros y artículos académicos sobre los huicholes, cuya historia y cultura empezó a estudiar en 1965 en San Sebastián con su esposa, Acelia Garcia. Los traductores de este libro, Lourdes (Clara) Escario y Juan Samper, son españoles. Lourdes Escario es licenciada en Filología Inglesa y profesora de inglés en un instituto de enseñanza secundaria en Palencia. Juan Samper es veterinario y licenciado en Filosofía. Tanto Juan Samper como Jay Fikes han llevado a cabo peregrinaciones bajo la tutela del mismo chamán huichol Jesús González. Carlos Castaneda's books are accepted as truthful by millions of Spanish speakers, probably because most of them have not read this Spanish translation of Professor Fikes' book, Carlos Castaneda, Academic Opportunism and the Psychedelic Sixties. Dr. Fikes published this book in 1993 in Canada, after completing years of research in Mexico and the United States. Now two Spaniards, Juan Samper and Lourdes Escario, have translated Fikes' book without payment, convinced that it is valuable for everybody. Carlos Castaneda's central claim, to have learned sorcery from an elderly Yaqui Indian named don Juan Matus, is contradicted by Professor Jay Fikes' evidence. Fikes'

Seeing things that aren't really there, thinking thoughts you would never normally have thought—hallucinogenic drugs work on the body by altering the way a person thinks, feels, or experiences reality. Some of these drugs are found in nature, while others are created in laboratories. All of them can have dangerous short-term and long-term effects. Hallucinogens: Unreal Visions tells the long history of these drugs. Because of the effects hallucinogens have on perceptions, people have often believed these drugs were showing them deeper meanings

about the world or helping them connect with gods or their own unconscious minds. Hallucinogens, however, can be extremely dangerous. While legitimate medical or therapeutic uses may be found for these drugs in the future, taking them with friends or alone could be extremely dangerous or even deadly. This book will tell you more.

Does Ecstasy cause brain damage? Why is crack more addictive than cocaine? What questions regarding drugs are legal to ask in a job interview? When does marijuana possession carry a greater prison sentence than murder? *Illegal Drugs* is the first comprehensive reference to offer timely, pertinent information on every drug currently prohibited by law in the United States. It includes their histories, chemical properties and effects, medical uses and recreational abuses, and associated health problems, as well as addiction and treatment information. Additional survey chapters discuss general and historical information on illegal drug use, the effect of drugs on the brain, the war on drugs, drugs in the workplace, the economy and culture of illegal drugs, and information on thirty-three psychoactive drugs that are legal in the United States, from caffeine, alcohol and tobacco to betel nuts and kava kava.

Imaging the Addicted Brain, the latest volume in the *International Review of Neurobiology* series will appeal to neuroscientists, clinicians, psychologists, physiologists, and pharmacologists. Led by an internationally renowned editorial board, this important serial publishes both eclectic volumes made up of timely reviews and thematic volumes that focus on recent progress in a specific area of neurobiology research. This volume focusses on the imaging of the brain addicted to food, gambling, tobacco, and opiates. Offers a unique perspective on how addiction affects the brain Covers a broad scope of addictions, including food, gambling, tobacco, and common psychogenic agents with a focus on their effects on the brain Focuses on the use of medical imaging methods, especially MRI, to explore and explain addiction in the brain

More than four million copies sold: the definitive guide to drugs and drug use from "America's best known doctor" (*The New York Times*). Cowritten by one of America's most respected doctors, *From Chocolate to Morphine* is the authoritative resource covering a wide range of available substances, from coffee to marijuana, antihistamines to psychedelics, steroids to smart drugs, and beyond. Dr. Andrew T. Weil provides the best and most unbiased information available, frankly discussing each drug's likely effects, precautions for use, and suggested alternatives. Expanded and updated to include such drugs as Oxycontin, Ecstasy, Prozac, and Ephedra, this edition also addresses numerous issues from the growing methamphetamine and opioid epidemics to the push to legalize medical marijuana, and the overuse of drugs for children diagnosed with ADHD. Offering facts rather than advocacy, Weil's trusted bestseller has become "a classic guide to psychotropic drugs" (*U.S. News and World Report*). *Psychedelic Shamanism* presents the spiritual and shamanic properties of psychotropic plants and discusses how they can be used to understand the

structure of human consciousness. Author Jim DeKorne offers authoritative information about the cultivation, processing, and correct dosages for various psychotropic plant substances including the belladonna alkaloids, d-lysergic acid amide, botanical analogues of LSD, mescaline, ayahuasca, DMT, and psilocybin. Opening with vivid descriptions of the author's personal experiences with psychedelic drugs, the book describes the parallels that exist among shamanic states of consciousness, the use of psychedelic catalysts, and the hidden structure of the human psyche. DeKorne suggests that psychedelic drugs allow us to examine the shamanic dimensions of reality. This worldview, he says, is ubiquitous across space, time, and culture, with individuals separated by race, distance, and culture routinely describing the same core reality that provides powerful evidence of the dimensional nature of consciousness itself. The book guides the reader through the imaginal realm underlying our awareness, a world in which spiritual entities exist to reconnect us with ourselves, humanity, and our planet. Accurate drawings of plants, including peyote, *Salvia divinorum*, and San Pedro, enhance the book's usefulness.

This volume is the proceedings of the Symposium of the Swiss Academy of Medical Sciences held in Lugano-Agno in Switzerland in September 1993. It includes chapters in pharmacological, psychopathological and clinical aspects of LSD and hallucinogenic drug use in medicine, in addition to a personal historical account of the discovery of LSD by Professor Albert Hofmann, as well as social and cultural aspects of LSD.

History is littered with evidence of humanity's fascination with drugs and the pursuit of altered states. From early Romanticism to late-nineteenth-century occultism and from fin de siècle Paris to contemporary psychedelic shamanism, psychoactive substances have played catalyzing people. Yet serious analysis of the religious dimensions of modern drug use is still lacking. the use of drugs and the pursuit of transcendence from the nineteenth century to the present day. Beginning with the Romantic fascination with opium, it chronicles the discovery of anesthetics, the psychiatric and religious interest in hashish, the bewitching power of mescaline and hallucinogenic fungi, the more recent uses of LSD, as well as the debates surrounding drugs and religious experience. This fascinating and wide-ranging sociological and cultural history fills a major gap in the study of religion in the modern world and our understanding of the importance of countercultural thought, offering new and timely insights into the controversial relationship between drugs and mystical experience.

Traces the history of the use of hallucinogenic drugs and discusses the psychological and physical effects of LSD, marijuana, mescaline, and other drugs.

***This paperback edition has a new introduction by the author and updated content. This is the third and final volume of North Atlantic Books' updated paperback edition of Dale Pendell's *Pharmako* trilogy, an encyclopedic study of the history and uses of psychoactive plants and related synthetics first published between 1995 and 2005. The books form an

interrelated suite of works that provide the reader with a unique, reliable, and often personal immersion in this medically, culturally, and spiritually fascinating subject. All three books are beautifully designed and illustrated, and are written with unparalleled authority, erudition, playfulness, and range. *Pharmako/Gnosis: Plant Teachers and the Poison Path* includes a new introduction by the author and as in previous editions focuses on plant-based and derivative psychedelic "teachers" (including ayahuasca, peyote, LSD, and DMT) and on the "poison path" of substances such as belladonna, ketamine, and ibogaine. Each substance is explored in detail, not only with information on its history, pharmacology, preparation, and cultural and esoteric correspondences, but also the subtleties of each plant's effect on consciousness in a way that only poets can do. The whole concoction is sprinkled with abundant quotations from famous writers, creating a literary brew as intoxicating as its subject. The *Pharmako* series includes the predecessor volumes *Pharmako/Poeia* (which covers tobacco, alcohol, cannabis, opiates, salvia divinorum, and other substances) and *Pharmako/Dynamis* (focusing on stimulants and empathogens).

Featuring essays and interviews with Timothy Leary, Aldous Huxley, Ram Dass, Albert Hofmann, Alexander (Sasha) Shulgin, Daniel Pinchbeck, Tim Robbins, Arne Naess, and electronic musician Simon Posford, as well as groundbreaking research and personal accounts, this one-of-a-kind anthology is a "best of" collection of articles and essays published by the Multidisciplinary Association for Psychedelic Studies (MAPS). Topics include the healing use of marijuana and psychedelics--including MDMA, ibogaine, LSD, and ayahuasca--for PTSD, anxiety, depression, and drug addiction, as well as positive effects of these substances in the realm of the arts, family, spirituality, ecology, and technology. Among many other thought-provoking and mind-opening pieces are the following:

- "On Leary and Drugs at the End," by Carol Rosen and Vicki Marshall
- "Psychedelic Rites of Passage," by Ram Dass
- "To Be Read at the Funeral," by Albert Hofmann
- "Another Green World: Psychedelics and Ecology," by Daniel Pinchbeck
- "Psychedelics and Species Connectedness," by Stanley Krippner, PhD
- "Huxley on Drugs and Creativity," by Aldous Huxley
- "Psychedelics and the Deep Ecology Movement: A Conversation with Arne Naess," by Mark A. Schroll, PhD, and David Rothenberg
- "Psychedelic Sensibility," by Tom Robbins
- "Electronic Music and Psychedelics: An Interview with Simon Posford of Shpongle," by David Jay Brown
- "How Psychedelics Informed My Sex Life and Sex Work," by Annie Sprinkle
- "Consideration of Ayahuasca for the Treatment of Posttraumatic Stress Disorder," by Jessica Nielson, PhD, and Julie Megler, MSN, NP-BC
- "Psychedelics and Extreme Sports," by James Oroc
- "Youth and Entheogens: A Modern Rite of Passage?," by Andrei Foldes with Amba, Eric Johnson, et al.
- "Diary of an MDMA Subject," by Anonymous
- "Dimethyltryptamine: Possible Endogenous Ligand of the Sigma-1 Receptor?," by Adam L. Halberstadt
- "Lessons from Psychedelic Therapy," by Richard Yensen, PhD
- "Psychosomatic Medicine, Psychoneuroimmunology, and Psychedelics," by Ana Maqueda
- "Talking with Ann and Sasha Shulgin about the Existence of God and the Pleasures of Sex and Drugs," by Jon Hanna and Silvia Thyssen

From the Trade Paperback edition.

This important new book brings together the work of top scholars and clinicians at leading universities and medical centers on the benefits and risks of transpersonal therapy. After comparing a variety of multicultural approaches -- Zen Buddhism, existential phenomenology, and Christian mysticism, among many others -- the book offers a wealth of information on specific disorders and the application of transpersonal psychology techniques such as visualization, breathwork, and "past lives" regression. With solid scholarship, wide scope, and accessible style, *Textbook of Transpersonal Psychiatry and Psychology* will become the standard work for students, researchers, clinicians, and lay readers interested in extending psychiatry and psychology into sciences that describe the functioning of the human mind, thereby building bridges between those disciplines and spirituality.

The Psychedelic Tarot discusses tarot as a map of consciousness and presents psychedelics as a means by which to traverse inner space; as such, it unites the psychonaut to divinity within. This blending of the ancient tarot and primeval use of entheogens establishes a definitive method for pursuing an alchemical process of interior wholeness. Here is what experts are saying: A diligent, mystical approach to the war on some people, who use some drugs, sometimes. Paul Krassner; editor of *Magic Mushrooms and Other Highs: From Toad Slime to Ecstasy*. A masterful application of the intuitive insights that can be fostered by visionary plants and compounds. Jonathan Ott; author of *Pharmactheon: Entheogenic Drugs, their Plant Sources and Histories*. An utterly profound treatment of the tarot and its integral linkage with the nature of consciousness. Dr. John Gilbert; director of the Tarot Institute and of the Universal Seminary. The Psychedelic Tarot is jam-packed with vital material that everyone can immediately apply for the inward journey toward consciousness expansion and union with the higher self.

This comprehensive work is a tour de force through the worlds of psychology, psychotherapy, Holotropic Breathwork, maps of the psyche, birth, sex, and death, transpersonal experiences, psychospiritual death and rebirth, reincarnation, karma, mystical states, archetypes, spiritual emergency, art, artists, and higher creativity. Grof reviews the history of depth psychotherapy, the important revisions that are needed to make it more effective, and why the inner quest is such an essential activity.

Phenethylamines I Have Known and Loved, A unique document written by renowned psychopharmacist, of his research and investigations into the use of psychedelic drugs for the study of the human mind. Also describes in detail a wealth of phenethylamines, their physical properties, dosages used, and duration of effects observed, and commentary.

Psychedelics Encyclopedia Ronin Publishing

The most complete book ever written on how to manufacture psychedelic drugs! Intended only for those who have a thorough knowledge of advanced lab techniques in organic chemistry. Extracting THC from marijuana. Making LSD. Synthesizing cocaine. Mescaline, harmaline, muscimol and more. Out of print for years, now available in a revised, updated edition with more material.

The Manual of Psychedelic Support is a new harm reduction resource providing a comprehensive overview of how people can provide compassionate care to people undergoing difficult psychedelic experiences during large-scale music festivals and events. This second edition of MOPS features an interactive in-the-field workbook with ruled scholar's margins for note-taking. The book is packed with full-color photographs depicting alternative festival culture and its psychoactive drugs of choice. It also showcases dozens of beautiful visionary artworks from fifteen contemporary psychedelic artists. New to this edition is a 46-page "Guide to Drug Effects and Interactions" which summarizes notable contraindications between different classes of psychoactive drugs. A quick-reference Index to those substances commonly encountered at music festivals and similar events is provided.

(Book). *Turn On Your Mind: Four Decades of Great Psychedelic Rock* is a history and critical examination of rock's most inventive genre. Whether or not psychedelic drugs played a role (and as many musicians say they've used them as not), psychedelic rock has consistently charted brave new worlds that exist only in the space between the headphones. The history books tell us the music's high point was the Haight-Ashbury scene of 1967, but the genre didn't start in San Francisco, and its evolution didn't end with the Summer of Love. A line can be drawn from the hypnotic drones of the Velvet Underground to the disorienting swirl of My Bloody Valentine; from the artful experiments of the Beatles' *Revolver* to the flowing, otherworldly samples of rappers P.M. Dawn; from the dementia of the 13th Floor Elevators to the grungy lunacy of the Flaming Lips; and from the sounds and sights at Ken Kesey's '60s Acid Tests to those at present-day raves. *Turn On Your Mind* is an attempt to connect the dots

from the very first groups who turned on, tuned in, and dropped out, to such new-millennial practitioners as Wilco, the Elephant 6 bands, Moby, the Super Furry Animals, and the so-called "stoner-rock" and "ork-pop" scenes.

HEAVENLY HIGHS introduces the reader to a world of enthobotanicals (plants which release the god within) used by Shaman and psychedelic explorers. Includes DMT, which is found in psychedelic snuff; Amazonian ayahuasca, which is a bitter tasting beverage that triggers visionary experiences with plant gods; Ibogain, which is a yellowish root ingested by indigenous peoples to achieve visionary experiences; and Belladonna, Yohimbe and Kava-Kava. For each group Stafford provides the history, botany, chemistry, mental and physical effects, preparation and use, and legal considerations.

An examination of the use of psychedelics for understanding ourselves, connecting with the world around us, and enacting outer change through inner transformation • Explores sacred tools and technologies to help us reestablish a lost ideology of unity, with a specific focus on natural plant/fungi psychedelics • Looks at the history of psychedelics and their role in facilitating natural intelligence's ability to increase itself through ongoing analysis of its own experience • Provides guidelines for safely using natural plant/fungi psychedelics and integrating them into society to access unified consciousness and restore balance to our world Our ecological, social, and political issues all stem from the ideologies that drive our collective actions. In contrast to our innate humanity, which is rooted in unity, these ideologies have led us to believe that we are separate from each other, separate from nature, and separate from the results of our actions. Such a worldview encourages individuals to maximize self-interest, which then causes fragmentation, conflict, pollution, and the depletion of natural resources. Offering practical steps that we can take to heal ourselves and our fragmented world, author Daniel Grauer explores the use of sacred tools and technologies, such as natural psychedelics, meditation, and yoga, in order to reestablish an ideology of unity, work in symbiotic harmony with the Earth, and restore our world as a sustainable and prosperous whole. Grauer explains how individuals--and by extension societies--benefit from safely accessing transcendent states of consciousness, such as those provided by psychedelics. He explores how psychoactive substances have been used throughout history all over the world for healing, personal growth, spiritual development, and revealing hidden truths, such as in the Eleusinian Mysteries, Soma practices in Vedic India, and rituals in several South American indigenous cultures. Drawing on the plant intelligence work of Paul Stamets and Stephen Buhner, Grauer shows that the growth of individual and collective intelligence is hindered by the prohibition of psychedelics, which naturally foster humanity's capacity for analysis, innovation, and cooperation. In addition to creating a sense of unity with all things, psychedelics offer the mind a new perspective from which to analyze its experience and heighten its awareness. Drawing on his own experience and research, Grauer provides guidelines for how to safely use natural plant/fungi psychedelics in order to access the unified consciousness of our ancestors and induce the states of awareness we need to restore natural harmony to our world.

Are language and consciousness co-evolving? Can psychedelic experience cast light on this topic? In the Western world, we stand at the dawn of the psychedelic age with advances in neuroscience; a proliferation of new psychoactive substances, both legal and illegal; the anthropology of ayahuasca use; and new discoveries in ethnobotany. From scientific papers to the individual trip reports on the Vaults of Erowid and the life work of Terence McKenna, Alexander and Ann Shulgin, and Stanislav Grof, we are converging on new knowledge of the mind and how to shift its functioning for therapeutic, spiritual, problem-solving, artistic and/or recreational purposes. In our culture, psychonautics, the practices of individuals and small groups using techniques such as meditation, shamanic ritual, ecstatic dance and substances such as LSD and psilocybin for personal exploration, is a field of action and thought in its

infancy. The use of psychonautic practice as a site of research and a method of knowledge production is central to this work, the first in-depth book focusing on psychedelics, consciousness, and language. Xenolinguistics documents the author's eleven-year adventure of psychonautic exploration and scholarly research; her original intent was to understand a symbolic language system, Glide, she acquired in an altered state of consciousness. What began as a deeply personal search, led to the discovery of others, dubbed xenolinguists, with their own unique linguistic objects and ideas about language from the psychedelic sphere. The search expanded, sifting through fields of knowledge such as anthropology and neurophenomenology to build maps and models to contextualize these experiences. The book presents a collection of these linguistic artifacts, from glossolalia to alien scripts, washed ashore like messages in bottles, signals from Psyche and the alien Others who populate her hyperdimensional landscapes. With an entire chapter dedicated to Terence and Dennis McKenna and sections dedicated to numerous other xenolinguists, this book will appeal to those interested in language/linguistics and the benefits of psychedelic self-exploration, and to readers of science fiction.

This adventure in science and imagination, which the Medical Tribune said might herald "a Copernican revolution for the life sciences," leads the reader through unexplored jungles and uncharted aspects of mind to the heart of knowledge. In a first-person narrative of scientific discovery that opens new perspectives on biology, anthropology, and the limits of rationalism, The Cosmic Serpent reveals how startlingly different the world around us appears when we open our minds to it.

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