

The Bisexual Option Second Edition Haworth Gay And Lesbian Studies

Bisexuality: A Critical Reader presents the essential primary texts on bisexuality from the last 100 years in an easy-to-read format. Exploring this often controversial concept from a range of perspectives, this book places bisexuality in its historical and cultural context and explores its many meanings and uses. Merl Storr's introductions give a straightforward overview of the texts included and sets them clearly in the context of debates on bisexuality. This collection includes pieces by: * Henry Havelock Ellis * Sigmund Freud * Alfred C. Kinsey, Wardell B. Pomeroy and Clyde E. Martin * and Hélèn Cixous.

Most therapy is set up in a heterosexist context. Explore the issues facing your gay, lesbian, and bisexual clients--and how to deal with them! **The Therapist's Notebook for Lesbian, Gay, and Bisexual Clients** offers therapists treating lesbian, gay, and bisexual clients innovative, practical interventions plus homework and hands-on activities tailored to these populations. Use the notebook to explore the issues surrounding coming out, homophobia in the workplace, spirituality, identity formation, and issues that require a non-heterosexist approach, such as domestic violence and relationship concerns. Grounded in current theory, each chapter explains the rationale for the activity it proposes, includes contraindications, and provides a list of helpful resources for therapists and clients. Here are just a few of the issues this extraordinary book explores in its four thoughtfully planned sections: Section I: Homework, Handouts, and Activities for Coming Out and Managing Homophobia and Heterosexism addresses: conflicts in self-perceptions obstacles to the growth of a healthy GLB identity dealing with the trauma and anxiety that result from discrimination using semi-hypnotic visualization to treat internalized homophobia helping bisexuals decide whether to come out or to "pass" coping with internalized homophobic messages dealing with heterosexism in the workplace or at school Section II: Homework, Handouts, and Activities for Relationship Issues will help you and your clients understand and work on issues involving: choosing the right partner intimacy and gender roles financial stability assimilation, queer pride, and everything in between how ethnicity and coupling impact sexual identity negotiating a healthy open relationship sexual concerns, sexual dysfunction, and pleasuring sexual role values for bisexual and lesbian women Section III: Homework, Handouts, and Activities for Gender, Ethnic, and Sexual Identity Issues addresses "who am I" issues: sexual orientation and gender identity the intersection of sexual and ethnic identity oppression on multiple fronts gender exploration for lesbians Section IV: Homework, Handouts, and Activities for Specific Issues tackles concepts including: enhancing resilience through spirituality reconciling with religion spiritual wellness and the spiritual autobiography body image disturbances unwanted sexual behavior creating a safety plan in case of same-sex domestic violence alienation and finding a caring community

medication adherence for HIV+ clients the difficulties faced by coupled lesbians with children family care planning addiction and recovery healing from the wounds of homophobia relationships with ex-partners managing workplace stress If you're new to treating lesbian, gay, and bisexual clients you'll find rich material, based in current literature, to guide your work. If you've already worked extensively with LGBT clients, the activities and fresh, innovative strategies in The Therapist's Notebook for Lesbian, Gay, and Bisexual Clients will expand and invigorate your skills.

What causes a child to grow up gay or straight? In this book, neuroscientist Simon LeVay summarizes a wealth of scientific evidence that points to one inescapable conclusion: Sexual orientation results primarily from an interaction between genes, sex hormones, and the cells of the developing body and brain. LeVay helped create this field in 1991 with a much-publicized study in Science, where he reported on a difference in the brain structure between gay and straight men. Since then, an entire scientific discipline has sprung up around the quest for a biological explanation of sexual orientation. In this book, LeVay provides a clear explanation of where the science stands today, taking the reader on a whirlwind tour of laboratories that specialize in genetics, endocrinology, neuroscience, cognitive psychology, evolutionary psychology, and family demographics. He describes, for instance, how researchers have manipulated the sex hormone levels of animals during development, causing them to mate preferentially with animals of their own gender. LeVay also reports on the prevalence of homosexual behavior among wild animals, ranging from Graylag geese to the Bonobo chimpanzee. In this revised edition LeVay broadens his horizons. He adds a new chapter on bisexuality, reviews some uncommon forms of sexuality such as asexuality and pedophilia, and considers whether there could be a biological basis for subtypes of gay people such as "butch" and "femme" lesbians. Although many details remain unresolved, the general conclusion is quite clear: A person's sexual orientation arises in large part from biological processes that are already underway before birth.

Becoming Visible offers cutting-edge psychological perspectives on bisexual and queer identities and the cultural and mental health issues facing bisexual, lesbian, gay, queer, and questioning individuals and their partners. Essential for any professional seeking to provide "best practice" services to this population, Becoming Visible addresses the therapeutic needs of bisexuals at every stage of the life cycle. This volume explores why some people resist identity labels and what bisexual men and women consider exemplary and harmful in their therapeutic experiences. It also helps practitioners distinguish between the stresses brought on by being part of a sexual minority and the clinical symptoms that indicate serious mental health issues. It includes research on ethnic minority bisexuals, youth, elders, gender-variant individuals, and bisexuals engaging in alternative lifestyles and sexual practices such as polyamory and BDSM. Edited by a psychologist who specializes in sexual-orientation and gender-identity issues and with contributions from scholars and

professionals from multiple disciplines, the book embraces perspectives from the empirical to the phenomenological, and outlines both scientific and practice-based approaches to the subject while carefully considering the psychological, cultural, and spiritual dimensions of the issues confronting bisexual men and women. *Becoming Visible* is a crucial step in the improved mental health and well-being of bisexuals, transgender individuals, and other sexual minorities. This book offers a path toward awareness and compassion for those who seek to understand, treat, and empower this underserved and frequently misunderstood group of mental health clients.

Even as the broader LGBT community enjoys political and societal advances in North America, the bisexual community still today contends with decades of misinformation stereotyping them as innately indecisive, self-loathing, and untrustworthy. *Claiming the B in LGBT* strives to give bisexuals a seat at the table. This guidebook to the history and future of the bisexual movement fuses a chronology of bisexual organizing with essays, poems, and articles detailing the lived experiences of bisexual activities struggling against a dominant culture driven by norms of monosexual attraction, compulsory monogamy, and inflexible notions of gender expression and identity. Kate Harrad's anthology of a thriving identity yearning to realize itself provides a vision of bisexuality that is beyond gay and straight, rather than left to merely occupy the space between.

"Bisexuality is about three centuries overdue . . . nevertheless, here it is: a learned, witty study of how our curious culture has managed to get everything wrong about sex." -Gore Vidal

A growing number of young men today say they are "mostly straight" and yet feel a slight but enduring desire for men.

Ritch Savin-Williams explores the stories of 40 mostly straight young men to help us understand the biological, psychological, and cultural forces that are loosening the sexual bind many boys and young men experience.

The interaction of culture and mental illness is the focus of the *Clinical Manual of Cultural Psychiatry*, which is designed to help mental health clinicians become culturally competent and skilled in the treatment of patients from diverse backgrounds. The product of nearly two decades of seminar experience, the book teaches clinicians when it is appropriate to ask "Is what I am seeing in this patient typical behavior in his or her culture?" The ability to see someone else's worldview is essential for working with ethnic minority and culturally diverse patients, and the author, who designed the course that was this handbook's precursor, has expanded the second edition to take into account shifting demographics and the changing culture of mental health treatment. The content of the new edition has been completely updated, expanded to include new material, and enhanced by innovative features that will prove helpful for mental health clinicians as they encounter diverse patient populations. * The new chapter on women reflects the fact that mental health disparities extend beyond ethnic minorities. Women have significantly higher rates of posttraumatic stress disorder and

affective disorders, for example, yet research on women has been limited largely to the relationship between reproductive functioning and mental health. * Two new chapters address the alarming number of unmet mental health needs that lesbian, gay, bisexual, and transgender patients suffer from. These chapters emphasize the need for mental health providers and policy makers to remedy these disparities.* A new chapter has been added to help clinicians determine the role religious and spiritual beliefs play in psychological functioning, because religious and spiritual beliefs have been found to have both positive and negative effects on mental health.* The newly introduced DSM-5® Cultural Formulation Interview (CFI) is addressed in the book's introduction and is included in its entirety, along with an informant module, 12 supplementary modules, and guidelines for their use in a psychiatric assessment. In addition, the reader has access to videotaped examples using simulated patients to illustrate practical application of the DSM-5® Outline for Cultural Formulation and CFI.* Extensive information on ethnopsychopharmacology, reviewing clinical reports of ethnic variation with several different classes of psychotropic medications and examining the relationship of pharmacogenetics, ethnicity, and environmental factors to pharmacologic treatment of minorities. The book updates coverage of African American, Asian American, Latino/Hispanic, and Native American/Alaskan Native cultures as they relate to mental health issues while retaining the nuanced approach that was so effective in the first edition. Course-tested and DSM-5® compatible throughout, the Clinical Manual of Cultural Psychiatry is a must-read for clinicians in our diverse era.

Drawing on sociology, psychology, history, art, and frank conversations with male and female bisexuals, the author examines the incidence and nature of bisexuality, the attitudes of bisexual persons, and the rewards of bisexuality. Often disguised in public discourse by terms like "gay," "homoerotic," "homosocial," or "queer," bisexuality is strangely absent from queer studies and virtually untreated in film and media criticism. Maria San Filippo aims to explore the central role bisexuality plays in contemporary screen culture, establishing its importance in representation, marketing, and spectatorship. By examining a variety of media genres including art cinema, sexploitation cinema and vampire films, "bromances," and series television, San Filippo discovers "missed moments" where bisexual readings of these texts reveal a more malleable notion of subjectivity and eroticism. San Filippo's work moves beyond the subject of heteronormativity and responds to "compulsory monosexuality," where it's not necessarily a couple's gender that is at issue, but rather that an individual chooses one or the other. The B Word transcends dominant relational formation (gay, straight, or otherwise) and brings a discursive voice to the field of queer and film studies.

"I am part of the generation that came of age when Bi Any Other Name was already in print. This groundbreaking anthology gave me the language, courage and sense of community I needed as a young queer woman." —Daisy Hernández, *A Cup of Water Under My Bed* The 25th Anniversary Edition *Bi Any Other Name: Bisexual People Speak*

Out first debuted in 1991. This groundbreaking book helped catalyze a national movement for bisexual identity, justice and equality. Often dubbed “the bisexual bible,” *Bi Any Other Name* was on Lambda Book Review’s Top 100 GLBT Books of the 20th century and became a beloved reference text in many classrooms, doctors’ offices, libraries, and pulpits. A 2007 Mandarin translation was published in Taiwan. The new 2015 introduction of this book updates readers to the enormous changes the past quarter century has brought – for bi people, the larger society and the sexual rights and liberation movement of which we are a part. When did you know? How did you come out? What was your experience? The coming out stories in this book speak to the many ways bisexuals embrace realities outside rigid either/or categories throughout the passage of our lives. Everyday stories of women, men, transgender bisexuals, teenagers to octogenarians, from many different cultures and family arrangements. The fierce truth of these lives made visible puts a check on bisexual erasure, exposing the binary constructions of gay/straight and male/female as oversimplifications that reduce spectrums to mere opposites. Caught between the mainstream culture’s persistent discounting of bisexuality, the sensationalizing characterizations presented in media, and the sexual liberation movement’s continual disregard of bisexuality as a serious identity, bisexual people are often not seen or heard when they speak out. There is a vital need for these earnest voices to be heard in the new century. Enormous cultural changes have occurred in the past 25 years, yes, but understanding bisexualities has just begun.

Gay Studies.

Designed for both the undergraduate and graduate classroom, this selection of important articles provides a comprehensive overview of current thought about the psychological issues affecting lesbians, bisexuals, and gay men. The editors have revised and updated the introduction and included a new set of articles for the second edition, most of which have been published since the release of the first edition of *Psychological Perspectives*. The book is divided into eight sections that deal with the meaning of sexual orientation; the psychological dimensions of prejudice, discrimination, and violence; identity development; diversity; relationships and families; adolescence, midlife, and aging; mental health; and the status of practice, research, and public policy bearing on homosexuality and bisexuality in American psychology. The co-author of *Grassroots* and *Manifesta* explores the role, significance, and influence of bisexuality in modern-day women's lives, looking at the growing visibility of gay and bisexual characters, performers, and issues on the national stage; detailing her own experiences as a bisexual; and examining the implications of the phenomenon. Reprint. At a time when lesbian, gay, bisexual, and transgender individuals--often referred to under the umbrella acronym LGBT--are becoming more visible in society and more socially acknowledged, clinicians and researchers are faced with incomplete information about their health status. While LGBT populations often are combined as a single entity for

research and advocacy purposes, each is a distinct population group with its own specific health needs. Furthermore, the experiences of LGBT individuals are not uniform and are shaped by factors of race, ethnicity, socioeconomic status, geographical location, and age, any of which can have an effect on health-related concerns and needs. The Health of Lesbian, Gay, Bisexual, and Transgender People assesses the state of science on the health status of LGBT populations, identifies research gaps and opportunities, and outlines a research agenda for the National Institute of Health. The report examines the health status of these populations in three life stages: childhood and adolescence, early/middle adulthood, and later adulthood. At each life stage, the committee studied mental health, physical health, risks and protective factors, health services, and contextual influences. To advance understanding of the health needs of all LGBT individuals, the report finds that researchers need more data about the demographics of these populations, improved methods for collecting and analyzing data, and an increased participation of sexual and gender minorities in research. The Health of Lesbian, Gay, Bisexual, and Transgender People is a valuable resource for policymakers, federal agencies including the National Institute of Health (NIH), LGBT advocacy groups, clinicians, and service providers.

Depicted as duplicitous, traitorous, and promiscuous, bisexuality has long been suspected, marginalized, and rejected by both straight and gay communities alike. *Bi* takes a long overdue, comprehensive look at bisexual politics--from the issues surrounding biphobia/monosexism, feminism, and transgenderism to the practice of labeling those who identify as bi as either “too bisexual” (promiscuous and incapable of fidelity) or “not bisexual enough” (not actively engaging romantically or sexually with people of at least two different genders). In this forward-thinking and eye-opening book, feminist bisexual and genderqueer activist Shiri Eisner takes readers on a journey through the many aspects of the meanings and politics of bisexuality, specifically highlighting how bisexuality can open up new and exciting ways of challenging social convention. Informed by feminist, transgender, and queer theory, as well as politics and activism, *Bi* is a radical manifesto for a group that has been too frequently silenced, erased, and denied--and a starting point from which to launch a bisexual revolution.

Soon to be translated into Japanese! *The Bisexual Option* explores bisexuality, explains the bisexual, and explodes myths surrounding this large “unseen” segment of the population. Now in its second edition, this intriguing book gives an overview of bisexuality. As there is still no book that covers the subject like this one, it is must reading for establishing a contemporary view of bisexuality and those committed to a bisexual lifestyle. Fritz Klein, an experienced psychiatrist and expert in bisexuality and sexual orientation, explains the concept and the variables of sexual orientation and where bisexuality fits. He covers many subjects in the book including: myths of bisexual nonexistence and the “either/or” dilemma intimacy, both emotional and sexual an explanation of

bisexuality and the Oedipus Complex definitions and examples of the healthy and troubled bisexual major sociological findings about bisexuality the bisexual in history the bisexual as depicted in the arts factors that will influence bisexuality in the future The book helps readers understand where they fit on the sexual orientation continuum. The Bisexual Option aids in explaining who bisexuals are and why they have problems in heterosexual as well as homosexual societies and shows bisexuals that they are not alone. Even helping professionals will find information on this “invisible” but large segment of the population. A variety of readers will want to read The Bisexual Option including the bisexual community and individual bisexuals, the homosexual communities which include many bisexuals, mental health practitioners, psychologists, both students and professionals, university students, married partners of bisexuals, HIV/AIDS workers who wish to become acquainted with how bisexuality affects the risk to the heterosexual community, sexologists, and researchers.

Looking Queer: Body Image in Lesbian, Bisexual, Gay, and Transgender Communities contains research, firsthand accounts, poetry, theory, and journalistic essays that address and outline the special needs of sexual minorities when dealing with eating disorders and appearance obsession. Looking Queer will give members of these communities hope, insight, and information into body image issues, helping you to accept and to love your body. In addition, scholars, health care professionals, and body image activists will not only learn about queer experiences and identity and how they affect individuals, but will also understand how some of the issues involved affect society as a whole. Dismantling the myth that body image issues affect only heterosexual women, Looking Queer explores body issues based on gender, race, class, age, and disability. Furthermore, this groundbreaking book attests to the struggles, pain, and triumph of queer people in an open and comprehensive manner. More than 60 contributors provide their knowledge and personal experiences in dealing with body image issues exclusive to the gay and transgender communities, including: exploring and breaking down the categories of gender and sexuality that are found in many body image issues finding ways to heal yourself and your community discovering what it means to “look like a dyke” or to “look gay” fearing fat as a sign of femininity determining what race has to do with the gay ideal discussing the stereotyped “double negative”--being a fat lesbian learning strategies of resistance to societal ideals critiquing “the culture of desire” within gay men’s communities that emphasizes looks above everything else Revealing new and complex dimensions to body image issues, Looking Queer not only discusses the struggles and hardships of gay, lesbian, bisexual, and transgendered persons, but looks at the processes that can lead to acceptance of oneself. Written by both men and women, the topics and research in Looking Queer offer insight into the lives of people you can relate to, enabling you to learn from their experiences so you, too, can find joy and happiness in accepting your body. Visit Dawn Atkin’s website at: http://home.earthlink.net/~dawn_atkins/

A collection of 18 in-depth interviews with a wide range of bisexual women of different races, ages, and economic classes involved in a very wide variety of lifestyles.

Whether you are openly bisexual, still figuring things out or just interested in learning more about bisexuality, Bi the Way is your essential guide to understanding and embracing bisexuality. With first-hand accounts from bi advocates, it includes practical tips

and guidance on topics including dating, sex, biphobia, bi-erasure, coming out, activism and gender identity, demystifying a community that is often erased or overlooked. Rallying, honest and powerfully written, this must-read book is a manifesto for bisexual people everywhere and will empower you to live your most authentic bisexual life.

Fully revised and updated guide with frank, sensitive information for LGBTQ teens, their families, and their allies. LGBTQ is the indispensable resource for lesbian, gay, bisexual, transgender, queer, and questioning teens—and their allies. This fully revised and updated third edition includes current information on LGBTQ terminology, evolving understandings of gender identity and sexual identity, LGBTQ rights, and much more. Other advice covers topics such as coming out, confronting prejudice, getting support, making healthy choices, and thriving in school and beyond. Resources point the way to books and websites with more information, and quotes from LGBTQ teens (and allies) share stories of personal experiences. Created with input from PFLAG, GLSEN, GLAAD, and others, this book is for young people who are beginning to question their sexual orientation or gender identity, those who are ready to work for LGBTQ rights, and those who may need advice, guidance, or reassurance that they are not alone. 2018 Foreword INDIES Book of the Year Honorable Mention

Gain an in-depth understanding of the unique struggles of the bisexual community! “To me the gay and straight worlds are exactly the same; equally limited, judgmental, and bourgeois . . . just mirror images of each other. I truly like and overlap with some of the gay world, but my roots refuse to take hold there and grow. Unfortunately, my well-established roots in the straight world are simultaneously shriveling and dying too, leaving me feeling extremely unstable.” —“Cool,” a bisexual woman involved in a support group There are at least five million bisexual people in America, generally invisible to straight society, the gay community, and even to each other. While the vast majority of these five million live within the straight or gay world, there are a few who have formed a community of their own. *Bi America: Myths, Truths, and Struggles of an Invisible Community* offers an inside look at the American bisexual community and gives an understanding of the special circumstances unique to being bisexual. The book takes the reader to bi community events from picnics, to conferences, to support groups, to performances in order to expose the everyday trials of the bisexual community. *Bi America* includes very personal stories that let the voice of everyday bisexuals be heard through interviews, the “Bisexual History Project,” in which ten bisexual people tell their life stories, and the “Online Support Group,” a group of about 75 people who meet in cyberspace to talk about their lives and challenges. The book also includes the findings of a 2002 survey of about 300 bisexual people conducted via the Internet, an appendix that offers a concise list of resources for further study and personal enrichment, and an unabridged transcript of the “Bisexual History Project.” Get the answers to these questions in *Bi America*: What is bisexuality? Is there a bisexual community? What is the culture of the bisexual community? What are commonalities and differences between the experiences of bi men and bi women? What is the special relationship between the bisexual and the transgender community? How have bisexuals and the bi community been affected by HIV/AIDS? What is the future of bisexual activism, if any? and many more! *Bi America* is a fascinating resource that exposes the challenges, struggles, and triumphs of bisexuals in America. Bisexuals, especially those newly coming out, can use this book to

help understand their identity, and family members and friends seeking some insight into the unique circumstances faced by their loved ones will also find it helpful. This book will interest those concerned with the sociology of deviance or with subcultures in general. It is also appropriate for undergraduate sociology and cultural anthropology, as well as feminist studies and LGBT studies classes. This book offers one of the few accessible, nonacademic looks at this unique and interesting community. Visit the book's Web site at <http://www.bi101.org>

Current Research on Bisexuality is an important resource on recent psychological and sociological findings in bisexual studies. The authors provide research findings and case studies that add to our understanding of bisexual identity, bisexuality and relationships, bisexuality and ethnicity, and attitudes toward bisexual people. This book examines research findings, literature reviews, and a wealth of resources that currently exist on bisexuality and bisexual issues. This book will bring you up to date on: bisexual identity development bisexuality in college students cross-orientation friendships of bisexual women bisexual married women and men—and their spouses bisexuality and heterosexually married couples monogamous as well as open bisexual relationships the interrelationship of bisexuality, race, and ethnicity attitudes toward bisexual women and bisexual men Current Research on Bisexuality also contains a comprehensive reader's guide to the current social science literature about bisexuality. This bibliography brings together a wide range of nonfiction books, journal articles, book chapters, theses, and dissertations on bisexuality with a focus in the theoretical, research clinical, and community perspectives that have that have developed in the last twenty years. This reading list is essential for students, educators, researchers, and practitioners in psychology, counseling, social work, psychiatry, education, sociology, and anthropology. Current Research on Bisexuality provides new knowledge of the life experiences of bisexual people. With this book, you'll find a basis for further research and education about bisexuality in the greater context of ongoing research, education, and advocacy regarding lesbian, gay, bisexual, and transgender issues. Explore the common ground—and the important differences—between bisexuality and transgenderism! This book, guaranteed to provoke debate and discussion of sexuality and gender, is the first devoted exclusively to the relationship between transgenderism and bisexuality. Combining the work of scholars and activists, professional writers and lay people, Bisexuality and Transgenderism: InterSEXions of the Others proesents ideas, thoughts, feelings, and insights from a variety of contributors who are committed to understanding—and deepening our understanding of—gender and sexuality. You'll find scholarly essays, narratives, poetry, and a revealing interview with four male-to-female transsexuals, two of whom are married to women who also participate in the discussion. In addition, the book includes insightful chapters by well-known advocates of transgenderism, including Jamison “James” Green, Coralee Drechsler, and Matthew Kailey. The editors of Bisexuality and Transgenderism: InterSEXions of the Others make the provocative but crucial claim that the larger queer community looks at “B” and “T” lives as mere “add-ons” to “L” and “G.” In this book they focus attention on bisexuality and transgenderism—moving the “margins” to center stage and exploring how sexuality, gender, desire, and intimacy are constructed and circulate in our society. The book's inclusion of voices and scholarship from Eastern cultures challenges our understanding of sexuality and gender constructions all

the more, giving this collection a global scope. Here is a sample of what *Bisexuality and Transgenderism: InterSEXions of the Others* examines: biphobia and transphobia within the United States' gay and lesbian community the bi/trans and subversive aspects of the works and images of cultural icons Angelina Jolie and Sandra Bernhardt how bisexual and transgendered identities are socially constructed through relationships the false promise of pomosexual play—why the concepts of postmodern sexuality fail to rewrite the construction of gender why swingers who practice bisexual and transgender behavior are often disdained and marginalized by other GLBT people suicidal thoughts and other mental health concerns of bisexual males and females, as well as transgender people Eastern perspectives on sexual/gender identities—with revealing chapters on gender identity in Japan and Indonesia

Jennifer can't believe it. Just married and pregnant, she discovers that her husband has been meeting Brad for sex. When confronted, Tom doesn't deny it, but he insists it's just "a thing" and he isn't gay. Elsewhere, John's wife, Karen, discovers that her husband likes to watch gay porn. John doesn't understand his wife's reaction. Why does she care what he watches if he's not unfaithful? In couple's therapy, Karen and Jennifer raise the same questions: Does this mean my husband is gay? Can my marriage survive? These and other stories illustrate the difficulties inherent when a wife or girlfriend finds out her man has had or wants to have sexual contact with other men. But many times, the man is not gay or even bisexual. Of course, some men with gay sexual interests are gay men in a process of self-discovery; they are "coming out." These desires may only reflect a different side of a man's sexuality or some response to childhood trauma or experiences they have not fully processed. Here Joe Kort and Alexander P. Morgan make the distinction between gay men and "straight men with gay interests" clearer to women who want to know how they can overcome these revelations. The authors explain the many reasons why straight men may be drawn to gay sex; how to tell whether a man is gay, straight, or bisexual; and what the various options are for these couples, who can often go on to have very fulfilling marriages. *Is My Husband Gay, Straight or Bi?* is intended to help couples understand how male sexuality can express itself in ways that may be difficult to understand. Many marriages have been hurriedly terminated when couples (and their therapists) have lacked the information they needed to understand their current situations. This book provides the clarity, describes the choices, and (in many cases) offers hope for relationships and marriages that have been brushed off as doomed.

This is one of the first books to take an interdisciplinary approach to AIDS activism and politics by looking at the literary response to the disease, class issues, and the AIDS activist group ACT UP. Containing both literary analysis and interviews with activists, *Love and Anger* integrates fact and fiction in a scholarly, yet comprehensible manner. It will provide readers with a deeper understanding of AIDS activism, the politics of AIDS, and the attitudes and feelings of those affected by the disease.

A hilarious and whip-smart collection of essays, offering an intimate look at bisexuality, gender, and, of course, sex. Perfect for fans of Lindy West, Samantha Irby, and Rebecca Solnit—and anyone who wants, and deserves, to be seen. If Jen Winston knows one thing for sure, it's that she's bisexual. Or wait—maybe she isn't? Actually, she definitely is. Unless...she's not? Jen's provocative, laugh-out-loud debut takes us inside her journey of self-discovery, leading us through stories of a childhood "girl crush," an onerous quest to have a threesome, and an enduring fear of being bad at sex. *Greedy* follows Jen's attempts to make sense of herself as she explores the role of the male gaze, what it means to be "queer enough," and how to overcome bi stereotypes when you're the posterchild for all of them: greedy, slutty, and constantly confused. With her clever voice and clear-eyed insight, Jen draws on personal experiences with sexism and biphobia to understand how we

all can and must do better. She sheds light on the reasons women, queer people, and other marginalized groups tend to make ourselves smaller, provoking the question: What would happen if we suddenly stopped??? Greedy shows us that being bisexual is about so much more than who you're sleeping with—it's about finding stability in a state of flux and defining yourself on your own terms. This book inspires us to rethink the world as we know it, reminding us that Greedy was a superpower all along.

In the absence of accurate information, American culture has upheld a distorted view of what it means to be an older gay man. *Gay and Gray* is the first and only scholarly full-length treatment of older gay men in America today. It breaks the stereotype that older gay men are strange, lonely creatures and reveals that most older gay men are well-adjusted to their homosexuality and the aging process. This second edition contains four new chapters that present additional perspectives on the reality of gay aging. Dr. Minnigerode's study shows that older gay men do not perceive themselves as growing old faster than their heterosexual counterparts, and that forty is the age at which most gay men believe that the label "young" no longer applies--this finding led Berger and other researchers to define "older" gay men as those over forty. Pope and Schulz confirm Berger's finding that for most older gay men a continuation of sexual activity and sexual enjoyment is the norm. John Grube's paper on the interaction of older gay men with younger gay liberationists explores the cultural divide between today's older gay man and his younger counterpart, filling a gap left in the first edition. And a concluding chapter by Richard Friend on a theory of successful gay aging summarizes much of the current thinking about this topic. The true situation of the older homosexual male presented in *Gay and Gray* challenges preconceptions about what it means to be old and gay. It asserts that in most ways, older gay men are indistinguishable from other older people. Because the book portrays older gay men in a realistic and sympathetic light, it is therapeutic for the many gay men who have been burdened with society's negative and distorted views about them. These men may compare their own lives to those of the respondents described in the book. *Gay and Gray* offers younger gay men a rare glimpse into their futures and enlightens and comforts those who count older gay men among their family and friends. The conclusions drawn in the book will change people's perspectives and offer new ways of thinking for and about older gay men. *Gay and Gray* is filled with rich case histories and treats its subject with dignity and compassion. Topics of focus include: love relationships social and psychological adjustment gay community self-acceptance being "in the closet" and "coming out" as a gay person intergenerational attitudes popular stereotypes As the first intensive interview and questionnaire study of gay men aged 40 and older in America, *Gay and Gray* examines the lives of these men in light of cultural stereotypes. Author Berger asks about the social lives of these men, their involvement in both the heterosexual and homosexual communities, their "coming out" experiences, their attitudes about younger gays, their experiences in growing older, and their strategies for adapting to life's challenges. In the study, Berger reveals that, contrary to stereotypic views, most older gay men are well-integrated into social networks and lead active and generally satisfying lives. He found that few live alone; most scored as well as younger gays on measures of psychological adjustment, such as self-acceptance; many are open about their homosexuality with family, friends, and colleagues; and the most well-adjusted older gay men were integrated into a homosexual community, associated with younger gay men, and were unwilling to change their sexual orientation.

This pathbreaking volume brings together a diverse body of sexual, behavioral, and social science research on bisexuality. Arguing for a clear, evidence-based definition of bisexuality and standardized measures for assessing sexual orientation, it spotlights challenges that need to be addressed toward attaining these goals. The book's deep trove of findings illuminates the experiences of bisexual men and women in key aspects of life, as well as common mental health issues in the face of stigma, prejudice, and outright denial from the heterosexual and

homosexual communities. Throughout, contributors examine the paradoxical invisibility of bisexuality even as society and science have become more inclusive of lesbians and gay men, and emphasize the critical role of thoughtful, respectful support across societal and mental health domains. Among the topics covered: Defining bisexuality: challenges and importance of and toward a unifying definition. Plurisexual identity labels and the marking of bisexual desire. Binegativity: attitudes toward and stereotypes about bisexuals. Female bisexuality: identity, fluidity, and cultural expectations. Romantic and sexual relationship experiences among bisexual individuals. Bisexuality is a substantial reference for psychologists, scholars and graduate students in LGBTQIA+ studies, and clinicians seeking both theoretical and applied perspectives on the research into bisexuality. It also offers instructors a supplemental research-based textbook option for teaching courses related to sexuality and bisexuality.

This book primarily addresses the consumption patterns, habits, and styles of gay men as reflected in their feelings, thoughts, values, and experiences.

How far have we progressed from the days when showing a film such as Jack Smith's *Flaming Creatures* landed the cinema's programmer, projectionist, and ticket taker in jail? What are some of the hidden clues modern audiences are overlooking in older films that suggest a character's bisexuality? Which famous actors, actresses, directors, and screenwriters were attracted to people of both sexes? In *Bisexual Characters in Film*, the first book to focus on the role of bisexual characters in film, you'll find answers to these questions and many more as you explore, analyze, and celebrate 80 years of bisexual movie characters (and the people who have created them) from around the world. A lively, entertaining, and informative commentary, this book examines the treatment of bisexual film characters and shows you how that treatment has been affected by societal forces such as censorship, politics, religious prejudices, homophobia, and sexual stereotypes. *Bisexual Characters in Film* looks at the contribution of bisexual people (and others who have had lovers of varying sexes) to the body of work available on film today. These include the directors, writers, actors, composers, and designers whose sexual orientation has informed their work. An analysis of the Motion Picture Production Code and its devastating effect on bisexual and homosexual screen images forms an important part of the book. You learn how, specifically, it eradicated gay, lesbian, and bisexual characters from Hollywood films as well as the role of bisexual, lesbian, and gay filmmakers in finally defeating it. Other questions you'll find answers to include: Who, or what, is a bisexual? How were bisexual characters represented in silent film, before the forces of censorship banned them from the screen? What bisexual myths and stereotypes are portrayed on film? What is the role of "camp" in bisexual film? *Bisexual Characters in Film* is a unique resource for researchers; librarians; film festival planners; the queer media; professors and students of lesbian, gay, and bisexual studies; bisexual activists; and general bisexual, gay, lesbian, and transgendered readers. It provides a much-needed view of bisexual representations in a major segment of our popular culture.

This practical pastoral care handbook, written by two self-described queer people of faith, covers the basic skills that religious caregivers and ministry students need in order to be effective, enlightened, and supportive pastoral care providers to LGBTQ persons in congregational and other community settings. Authors Schlager and Kundtz distinguish pastoral care from pastoral counseling: while the latter is reserved for those with special training in the practice of therapy, the former can be developed by ministers and lay people with sufficient education and practice. This book requires of the reader no previous experience with LGBTQ communities and treats the following topics: the definition and functions of pastoral care; effective care in challenging times; coming out of the closet; creating communities of care; and caring for a wide variety of LGBTQ relationships. The authors provide case studies throughout the book to ground and illustrate their theology of pastoral care.

Read Free The Bisexual Option Second Edition Haworth Gay And Lesbian Studies

As the public becomes more mindful of gender variances, this book examines how more individuals—including young adults—have found the courage to express and celebrate their authentic selves. The book covers differences between biological sex, sexual orientation, gender identity, and gender expression.

Confronting the psychological, social, sexual, legal, and political issues at stake in the coming-out process, *Acts of Disclosure: The Coming-Out Process of Contemporary Gay Men* uses research findings and first-hand accounts to help gay adolescents and men accept and embrace their sexual identity as an integral part of their being. Offering helpful advice and specific suggestions that will guide you through the coming-out process, this text also teaches family, friends, and colleagues how they can support and encourage you in this challenge. A roadmap through the confusing process of coming to terms with your sexuality both privately and publicly, *Acts of Disclosure* walks you step-by-step through the stages of coming out, the emotions involved, the potential pitfalls, and the kinds of receptions you may meet. It points out both healthy and self-destructive coping strategies and teaches you how to take responsibility for your sexuality. You will find its discussions straightforward, honest, and direct, as it broaches the following topics: coming out in American schools expressing your sexual identity on the job the harmful effects of involuntary public exposure why some parents adjust better than others to the fact that they have a gay child the damaging effects of social myths attached to homosexuality the emotional and behavioral reactions wives have after discovering that their husbands are gay how to anticipate a possible “outing” against oneself and the advantages of coming out to prevent such an act compulsory social programming that may be deeply injurious to gay adolescents disclosing your sexual identity after the onset of AIDS Gay males of all ages, parents, friends, children, therapists, psychologists, social workers, and educators who read *Acts of Disclosure* will realize their error in treating gay sexual identity as undesirable, shameful, or second-rate. As you turn the last page of this comprehensive and enlightening book, you will likely find yourself with an appreciation of gay male sexuality as well as with a better understanding of the complexities of human nature.

Though largely neglected in classrooms, LGBT history can provide both a fuller understanding of U.S. history and contextualization for the modern world. This is the first book designed for university and high school teachers who want to integrate queer history into the standard curriculum. With its inspiring stories, classroom-tested advice, and rich information, it is a valuable resource for anyone who thinks history should be an all-inclusive story. *Understanding and Teaching U.S. Lesbian, Gay, Bisexual, and Transgender History* offers a wealth of insight for teachers. Introductory essays by Leila J. Rupp and Susan K. Freeman make clear why queer history is important and provide global historical context, showing that same-sex sexual desire and gender change are not new, modern phenomena. Teachers in diverse educational settings provide narratives of their experiences teaching queer history. A topical section offers seventeen essays on such themes as sexual diversity in early America, industrial capitalism and emergent sexual cultures, and gay men and lesbians in World War II. Contributors include detailed suggestions for integrating these topics into a standard U.S. history curriculum, including creative and effective assignments. A final section addresses sources and interpretive strategies well-suited to the history classroom. Taken as a whole, *Understanding and Teaching U.S. Lesbian, Gay, Bisexual, and Transgender History* will help teachers at all levels navigate through cultural touchstones and political debates and provide a fuller knowledge of significant events in history. “A terrific book for anyone teaching U.S. history to high school or college students. It is designed to explain why, and especially how, educators can integrate LGBT history into their existing courses. The volume contains superb essays by scholars and teachers that speak to pedagogy, sources, and methods, and includes seventeen topical essays that span the breadth of U.S. history, from colonial same-sex experiences to contemporary same-sex

marriage.”—The American Historian “Designed for teachers of U.S. history, [but] the chapters are so varied that anyone can enjoy reading them.”—Out Smart “This book’s value lies in being read from cover to cover. Do not dip in and read only what looks up your alley—the complexity and the utility emerge from the whole. . . . Each piece is worth a read, the whole is even more so.”—Journal of American History Winner, Lambda Literary Award for LGBT Anthology A Choice Outstanding Academic Book Best Special Interest Books, selected by the Public Library Reviewers Best Special Interest Books, selected by the American Association of School Librarians

For the past two generations, extensive research has been conducted on the determinants of homosexuality. But, until now, scant attention has been paid to what is perhaps the most mysterious--and potentially illuminating--variation of human sexual expression, bisexuality. Today, as ignorance and fear of AIDS makes greater awareness of all forms of sexual behavior an urgent matter of private and public consequence, leading sex researchers Martin Weinberg, Colin Williams, and Douglas Pryor provide us with the first major study of bisexuality. Weinberg, Williams, and Pryor explore the riddle of dual attraction in their study of 800 residents of San Francisco. Fieldwork, intensive interviews, and surveys provided a wealth of data about the nature of bisexual attraction, the steps that lead people to become bisexual, and how sexual preference can change over time. They found that heterosexuals, more often than homosexuals, become bisexual; that bisexual men and women differ markedly in their sexual behavior and romantic feelings; that most bisexuals ultimately settle into long-term relationships while continuing sexual activity outside those relationships; and they also explain why transsexuals often become bisexual. Moreover, the authors discovered that as the AIDS crisis unfolded, many bisexual men entered into monogamous relationships with women, and bisexual women into more lesbian relationships. Recent media accounts attest that a growing number of researchers and writers are narrowing the fundamental cause of sexual preference to a single factor, biology. But if, as this study shows, learning plays a significant part in helping people traverse the boundaries of gender, if past and present intimate relationships influence their changing preferences, and if bisexual activity is inseparable from a social environment which provides distinctive sexual opportunities, then a mosaic of factors far more complex than those previously considered must be entertained in explaining the fuller spectrum of sexual preferences. *Dual Attraction* is one of the most significant contributions to our understanding of sexuality since the original Kinsey reports and Bell and Weinberg's 1978 international bestseller, *Homosexualities*. It is must reading for all those interested in the study of sexual behavior--especially now, since the onset of AIDS.

The bestselling young adult non-fiction book on sexuality and gender! Lesbian. Gay. Bisexual. Transgender. Queer. Intersex. Straight. Curious. This book is for everyone, regardless of gender or sexual preference. This book is for anyone who's ever dared to wonder. This book is for YOU. This candid, funny, and uncensored exploration of sexuality and what it's like to grow up LGBTQ also includes real stories from people across the gender and sexual spectrums, not to mention hilarious illustrations. Inside this revised and updated edition, you'll find the answers to all the questions you ever wanted to ask, with topics like: Stereotypes—the facts and fiction Coming out as LGBT Where to meet people like you The ins and outs of gay sex How to flirt And so much more! You will be entertained. You will be informed. But most importantly, you will know that however you identify (or don't) and whomever you love, you are exceptional. You matter. And so does this book. This book is for: LGBTQIA+ teens, tweens, and adults Readers looking to learn more about the LGBTQIA+ community Parents of gay kids and other LGBT youth Educators looking for advice about the LGBTQIA+ community Praise for *This Book is Gay: A Guardian Best Book of the Year 2018* Garden State Teen Book Award Winner "The book every LGBT person would have killed for as a teenager, told in the voice of a wise best friend. Frank, warm, funny, USEFUL."—Patrick Ness, New York Times bestselling author "This egregious gap has now been

filled to a fare-thee-well by Dawson's book."—Booklist *STARRED REVIEW*

This book, a completely revised version of the authors' 1987 *Dual Identities*, offers insight on the special treatment issues of lesbian, gay, bisexual, and transgender (LGBT) substance abusers. It describes stages of sexual identity transformation, looks at different counseling approaches, and gives practical suggestions for helping clients. Information is accessible to beginning and experienced counselors as well as patients. Finneagan, an alcohol counselor, and McNally, a psychologist and alcohol counselor, are co-founders and current board members of the National Association of Lesbian and Gay Addiction Professionals. c. Book News Inc.

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