

## The Good Girlfriends Guide To Getting Even Funny And Fresh This Is Your Next Perfect Romantic Comedy

For Ellen Dolgen, menopause education is a mission. Spurred by her own experience struggling with the symptoms of menopause, Dolgen has devoted the last ten years of her life to helping other women during this often difficult time. While she's not a doctor or scientist, she's "talked the talk" with countless menopause experts, so that she can "walk the menopause walk" with you and share the keys to this menopause kingdom. Together with her son, Jack, she created this new, comprehensive guide to all things menopause—the symptoms, the treatments, the long-range effects on a woman's health. Dolgen shares the expertise of numerous specialists to replace confusion and embarrassment with medically sound solutions, presented in an entertaining and informative way. You'll find detailed descriptions and treatments for the symptoms you or your loved one may experience, from hot flashes and mood swings to mental fogginess and loss of libido, and lots more in between. In addition to sharing the latest research and proven treatments, Dolgen offers guidance to finding a menopause specialist who's right for you, and she provides a clear explanation of what tests to ask for. You'll also learn about the latest studies on hormone replacement as well as alternative therapies and remedies. Finally, Dolgen shares the real-life experiences of women—and those who love them—as they traverse the crazy ups and downs of perimenopause and menopause. Her motto is: Suffering in silence is OUT! Reaching out is IN!

After following the advice from a manual called "How to Meet and Marry Mr Right", Jane learns that in love there is neither pattern nor promise. This is a funny collection of connected stories and a portrait of Jane, a woman manoeuvring her way through love, sex and relationships.

"Radziwill's delicious debut novel... is a poignant tale of love and loss."—Publishers Weekly "One of the richest, most deeply satisfying stories I've read in a long time."—BookPage "Carole Radziwill writes like a cross between Sophie Kinsella and Christopher Buckley. Cautiously romantic, unexpectedly moving, and funny!"—Susan Sarandon The Widow's Guide to Sex and Dating is Carole Radziwill's deliciously smart comedy about a famously widowed young New Yorker hell-bent on recapturing a kind of passionate love she never really had Claire Byrne is a quirky and glamorous 34-year-old Manhattanite and the wife of a famous, slightly older man. Her husband, Charlie, is a renowned sexologist and writer. Equal parts Alfred Kinsey and Warren Beatty, Charlie is pompous yet charming, supportive yet unfaithful; he's a firm believer that sex and love can't coexist for long, and he does little to hide his affairs. Claire's life with Charlie is an always interesting if not deeply devoted one, until Charlie is struck dead one day on the sidewalk by a falling sculpture ... a Giacometti, no less! Once a promising young writer, Claire had buried her ambitions to make room for Charlie's. After his death, she must reinvent herself. Over the course of a year, she sees a shrink (or two), visits an oracle, hires a "botanomanist," enjoys an erotic interlude (or ten), eats too little, drinks too much, dates a hockey player, dates a billionaire, dates an actor (not any actor either, but the handsome movie star every woman in the world fantasizes about dating). As she grieves for Charlie and searches for herself, she comes to realize that she has an opportunity to find something bigger than she had before—maybe even, possibly, love.

The travel guide for girls who just want to have fun. Travel writer Lisa Kasanicky takes women on the trip of a lifetime with a crash course in getaway planning (including how to prepare those left behind); adventures in retail therapy-outlet to boutique shopping across the country;

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mind and body retreats; culture clubs-gourmet getaways, history tours, and more; adventure trips from scuba diving to rock climbing; and vacations off the beaten path, like witch-watching in Salem or ghost hunting in Savannah. Includes full details for each Girlfriend Getaway. \*24% of American women have taken a girlfriend getaway in the past three years and 39% plan to take one (AAA, 2007) \*Taps into the expanding market for women-only travel \*Goes beyond the usual spa and resort trips

A mother. A son. His girlfriend. And the lie they'll wish had never been told. Laura has it all. A successful career, a long marriage to a rich husband, and a twenty-three-year-old son, Daniel, who is kind, handsome, and talented. Then Daniel meets Cherry. Cherry is young, beautiful, and smart but hasn't led Laura's golden life. And she wants it. When tragedy strikes, a decision is made and a lie is told. A lie so terrible it changes their lives forever... The Girlfriend is a taut and wickedly twisted debut psychological thriller—a novel of subtle sabotage, retaliation, jealousy and fear, which pivots on an unforgivable lie, and examines the mother-son-daughter-in-law relationship in a chilling new light. "One of the best books I've read in a long, long time. I loved The Girlfriend!" —Lisa Jackson, New York Times bestselling author "The Girlfriend is a taut psychological thriller, the evil chillingly drawn. Every character is layered and beautifully twisted. Makes me consider running background checks on any potential spouses my children bring home!" —Karen Rose, New York Times bestselling author "A juicy thriller and utterly compulsive reading." —Jenny Blackhurst, author of How I Lost You "An original and chilling portrayal of twisted relationships." —Debbie Howells, author of The Bones of You

A biblically-based look at how women can improve their friendships with other women by focusing more on honesty and love rather than competition, manipulation, etc. Includes book club questions.

Divorce Looks Good on You is a book and journal combination that assists women with transitioning past divorce and on to the rest of their life. This book has 30 mantras with 30 entries to help guide the reader on to greatness. This book is useful individually as well as clinically through the use of a therapist.

A stressful, protracted divorce. A difficult, painful death of a beloved husband. And suddenly, after age 50, you're on your own again. Your children have moved out, your parents are aging fast or deceased, your friends' lives continue onward, seemingly unchanged. Being suddenly single after age 50 can be terrifying, but eventually it can also be liberating. It can be fraught with worry and decisions you're unprepared initially to make, but it can also be a time to reevaluate, reestablish, and reinvent. It can be financially and emotionally unstable at times, but it can be the start of a new chapter, or the discovery of someone you didn't know you were, or could become, after the grief of a loss so difficult. Long-time friends and authors Barbara Ballinger and Margaret Crane have a lot in common. Both lived in the same city for years. Both are writers. Both married their husbands right out of college. Both are mothers of grown children who have left home. And both had aging parents when these difficult journeys began. Both found themselves alone, husbands lost to divorce and death, two separate situations that were equally traumatic—for Barbara, a divorce that took four years to end, and for Margaret, a five-year, gut-wrenching siege of myriad cancers that ended in death. Barbara and Margaret struggled but discovered not only that their new lives were, indeed, worth living, but that the insight gleaned from their experiences could help other people in similar straits. The result is Suddenly Single After 50, an honest and riveting, yet funny and poignant guide that provides advice for those who find themselves divorced, widowed, or otherwise suddenly single just about the time they start getting those AARP cards in the mail and while many of their friends are gleefully discussing retirement plans and toasting milestone wedding anniversaries. Suddenly Single After 50 is told with authenticity, wit, and compassion. They discuss living alone, attending social events alone, eating by themselves, sleeping alone, walking and traveling alone, then how they also came to

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feel they were not alone, not really, with loyal friends and family. They share how their once right-sized houses suddenly felt empty, too big, and too full of stuff that no longer made sense. They write about all the legal and accounting woes that befell them. And they tell readers what it's like to be over 50 and dating again—after decades out of that scene, which had changed in unfathomable yet often hilarious ways.

Suddenly Single After 50 addresses what life is really like when it's suddenly shaped as single. It helps readers understand the grief, frustration, and sadness alongside reawakening into the world. Anyone who finds themselves suddenly single in middle age and beyond--or knows someone who is--will find in these pages both advice and reflection, support, and a way forward.

Many women experience money as a source of worry, jealousy, frustration or sadness. They want to be responsible but feel out of control with their money. In *The Good Friends Guide to Money*, authors Lucinda Atwood, Ann Leckie and Marina Glass show women how to develop a great relationship with money. With humor and personal anecdotes, and in easily accessible language, they provide the tools to help women change unhealthy and negative thoughts about money. *The Good Friends Guide to Money* teaches women how to clarify their personal values, develop their own financial goals and action plans, and spend and save in alignment with those values. In addition, financial experts provide advice on topics such as starting a new job, insurance, job loss, and bankruptcy. *The Good Friends Guide to Money* is not about budgeting or deprivation. It is about thoughtfully aligning saving and spending with personal values. With clear values, women can set financial goals and action plans that fit like a well worn pair of jeans.

A funny and heart warming tale about first dates, first kisses, and first loves.

Whatever the topic, the smart woman comes to the table empowered with insight and information.

Clever, funny and romantic too, with a story any sporting widow will relate to, *The Good Girlfriend's Guide to Getting Even* is Anna Bell's brilliant follow-up to the bestselling and much-loved *The Bucket List to Mend a Broken Heart*. A hilarious new romantic comedy from the author of *It Started With A Tweet* and *The Bucket List to Mend a Broken Heart*, for fans of Lucy Diamond and Sophie Kinsella. When Lexi's sport-mad boyfriend Will skips her friend's wedding to watch football - after pretending to have food poisoning - it might just be the final whistle for their relationship. But fed up of just getting mad, Lexi decides to even the score. And, when a couple of lost tickets and an 'accidentally' broken television lead to them spending extra time together, she's delighted to realise that revenge might be the best thing that's happened to their relationship. And if her clever acts of sabotage prove to be a popular subject for her blog, what harm can that do? It's not as if he'll ever find out . . . ----- 'Romantic and refreshing' Mhairi McFarlane 'A fun, bouncy, brilliant tale' Heat 'Funny, relatable and fabulously written' Daily Express

"Nichole, a woman in her early thirties, is recovering from a broken heart after learning her husband was having an affair and separating from him. The twist is that her mother-in-law, Leanne, is the one who told her that her son was cheating. Leanne has looked the other way for decades as HER own husband cheated, and can't bear to see her son repeating the same pattern. In telling Nichole, she also gathers the courage to leave her husband, and the two women--ex- mother-in-law and daughter-in-law--rent apartments across the hall from each other and support one another in rebuilding their lives and embracing surprising new romantic endeavors"--

*Girlfriends Guide to Weight Loss* is a self-help book for people who desperately want to improve their lives but due to multiple failed attempts at losing weight feel defeated and lost. This refreshing guide takes its readers to the beginning of the process and reprograms their thinking about how a weight loss program should be approached. Irene Kok serves 16 bite-sized chapters full of hilariously inspiring stories, sage advice, current research, actual recipes, and an occasional well needed profanity, helping you to:

- Create a realistic and sustainable plan

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that you can enjoy. • Identify self-sabotaging behaviors that have been inhibiting your success. • Learn to self-forgive and avoid the common causes of program derailment. • Develop strategies to avoid mental pitfalls of dieting and all the cliché fallacies that come with it. • Learn to accept the numbers on the scale and love yourself. By the end of Girlfriends Guide, you will have a whole new appreciation of the process. You will understand why you have not been able to lose weight in the past, how you can change that, and how you can kick some serious ass.

Present a new collection of stories, anecdotes, and meditations that celebrate the importance of friendship in women's lives  
Doctors explain medical procedures. Two girlfriends explain everything else. If you're considering spending a bundle for a face-lift, breast augmentation, or liposuction, you can't miss Two Girlfriends Get Real about Cosmetic Surgery-an honest, down-to-earth, comprehensive discussion of the ins and outs of cosmetic surgery. Written for women, by women it offers sound advice, hilarious truths, and plenty of emotional support. Here's just some of what's covered: Every popular procedure--laser to liposuction, tummy tucks to face-lifts Real-life results--some women's dreams of being beautiful came true, others encountered unexpected disappointments Best, Funniest, and Wildest Stories--real-life examples of terrific tales and outrageous fibs used to explain bruises, scars, and looking twenty years younger Complications--the after-effects doctors don't tell you about: a sense of loss, outright hysteria, unexpected sexual liberation, and sudden divorce Sex--the secret impact cosmetic surgery has on a woman's desire and her desirability Two Girlfriends Get Real About Cosmetic Surgery will shed light on the procedures that over two million women undergo every year. With these insider tips you'll get great results. So what are you waiting for?

From the New York Times bestselling author Catherynne Valente comes a ferocious riff on the women in superhero comics. The Refrigerator Monologues is a collection of linked stories from the points of view of the wives and girlfriends of superheroes, female heroes, and anyone who's ever been "refrigerated": comic book women who are killed, raped, brainwashed, driven mad, disabled, or had their powers taken so that a male superhero's storyline will progress. In an entirely new and original superhero universe, Valente subversively explores these ideas and themes in the superhero genre, treating them with the same love, gravity, and humor as her fairy tales. After all, superheroes are our new fairy tales and these six women have their own stories to share.

With a combined total of over 300,000 Girlfriends' Guides in print, Vicki Iovine offers the kind of tongue-in-cheek humor and straight-from-the-hip advice that has made her one of today's most popular authorities on child rearing. Now she takes the next step in the Girlfriends series by helping mothers deal with that mysterious, baffling, often adorable and frequently alarming being their baby has become--a toddler.

Filled with straight talk from a four-time delivery room veteran, this book sees readers through the most exhilarating and exhausting time of their lives, one day at a time. An entire year's worth of invaluable--often hilarious--advice on everything from stretch marks, morning sickness, and maternity underwear to bladder control, pregnancy insanity, and postpartum dementia is included.

Everyone knows that dipping your toe in the dating pond can be a little intimidating without first seeking some expert advice! And that's exactly what Terri Couwenhoven delivers in this book written expressly for teens and adults with intellectual or developmental disabilities. "Boyfriends & Girlfriends" explains the dos and don'ts of dating and validates their normal, age-appropriate desire for companionship and romance. The book covers the biggest questions and smallest concerns of every would-be dater, including: Who is an appropriate dating partner and who is not. How to read signals and judge whether the interest is mutual. How to ask someone out on a date. How to turn down a date. How to handle rejection. What sexual feelings are. How to work through problems in a relationship. What to do when a relationship is not working.

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Written and illustrated for a hi/lo reader, this book is perfect for anyone who is already in a relationship, ready to start one, or still only dreaming about it. The guide is also an informative read for parents, counsellors, and other support providers.

Called special, amazing and very moving by Ree Drummond, One Good Life shares the never-before-told story of the blogger behind One Good Thing by Jillee, alongside the tips and wisdom that have earned her millions of devoted followers. Jill Nystul started her blog, One Good Thing by Jillee, as a means to take steps forward after emerging from rehabilitation from alcohol dependence and battling a slew of equally tough issues that tested her confidence as a wife and mother. Her goal was to pursue her passion and help others along the way one day at a time and one step at a time by writing about one good thing each day. It is clear that Nystul's ability to appreciate the little things has resonated with readers everywhere. Fans have fallen in love with her crafty household endeavors, delicious recipes, and words of wisdom. One Good Life presents 75 Good Things by Jillee, fifty of which have never before been published, intertwined with Nystul's personal story, revealed in this book for the first time. Drawing from her own experiences, Nystul shows how she has overcome tremendous hardship to finally re-embrace her faith and appreciate, each day, one good thing."

Abseiling, wind-surfing, climbing a mountain - the things the terrified Abi Martin will do for love . . . "Romantic and refreshing" Mhairi McFarlane. A hilarious new romantic comedy for fans of Lindsey Kelk, Sophie Kinsella or A Year Of Being Single Abi's barely left her bed since Joseph, the love of her life, dumped her, saying they were incompatible. When Joseph leaves a box of her possessions on her doorstep, she finds a bucket list of ten things she never knew he wanted to do. Will completing the action-packed list - no easy challenge for the naturally timid Abi - be the way to win back her man? Or might Abi just have a surprise in store...? SEE WHAT PEOPLE ARE ALREADY SAYING ABOUT THIS BRILLIANT ROMANTIC COMEDY 'A fun, bouncy, brilliant tale' Heat 'Funny, relatable and fabulously written, it's even inspired us to come up with a bucket list of our own!' Daily Express 'A wonderfully warm romantic comedy . . . the perfect read' Daily Record Bust out of that mommy rut and get into the groove! When a mother finally emerges from the mommy mole tunnel of pregnancy, breastfeeding, potty-training and preschool, she comes to the inevitable realization: The road to maternity is a one-way street. No U-turns allowed. You've survived the battles of baby- and toddler-hood, playdates and temper tantrums to time-outs. And just when it seems your former life is within reach—taking up neglected jobs and hobbies, committing to a fitness program, rediscovering the boyfriend living in the body of your husband—you crash headfirst into the wall of reality. The kids may be able to fasten their own seatbelts and pour their own cereal, but the homework, tucking in, car pools, and birthday parties have just begun. Let Vicki Iovine, author of The Girlfriends' Guides, show you how to navigate the twists and turns of family life—and find time for your kids, your spouse, your home, your work, and yourself. You're not alone in this "mommy adolescence." In The Girlfriends' Guide to Getting Your Groove Back, Iovine provides her trademark sage, witty advice on: - How to focus at work when things at home are in chaos—and vice versa - Making time for yourself—and not the PTA - Getting over the romantic myth of "date nights" and weekends away from the kids - Homework help—your transformation into a human flashcard - The dinnertime crush and how to relieve frozen pizza fatigue Iovine puts the perils of perpetual parenthood into perspective. You'll feel like you do after a long chat with a good friend—relaxed, refreshed, and ready to reclaim your life ...

The Desperate Housewives star provides essential tips every beginning boyfriend should know—and every girlfriend should know how to hint at. At some point, every guy—player, geek, mama's boy, "regular Joe"—meets a woman who makes him want to be a great boyfriend. But unless he's had some first-rate training, he probably doesn't even know what that means. Now Felicity Huffman and Patricia Wolff are here to help with this blithe, bold, and bawdy guide to navigating the minefield of male-female relationships. A Practical Handbook for the Boyfriend

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lays out the many steps involved in becoming a good boyfriend, while still maintaining guy-dignity. It covers issues like: \* How to apologize without really apologizing \* How to look like you're listening \* How to pretend you're deep Filled with humor, ribaldry, common sense, and assorted outdoor skills, A Practical Handbook for the Boyfriend if every aspirin boyfriend's GPS—Girlfriend Positioning System.

Hot Chick: A confident, passionate, honest woman. . . . You want to be around her to soak up those good vibes. The duo that taught you to embrace your body and indulge without guilt in How to Eat Like a Hot Chick is back to remind you of something that will transform your love life forever—you are a Hot Chick! With their feisty humor and uplifting message, Jodi Lipper and Cerina Vincent will help you figure out what you want, how to get it, and why you shouldn't settle for anything less. Most important, they'll make the entire process a lot more fun with their advice on the hidden joys of being single, how to send out magical Hot Chick vibes and interpret your date's vibes, falling in love without freaking out, tactful dumping procedures, survival techniques for heart-wrenching breakups, and much more. Whether you're single, dating, in a relationship, or so confused you don't know what your status even is, How to Love Like a Hot Chick will have you laughing your way through dating and relationship issues and tackling them like the sexy, fabulous woman you deserve to be.

Meet Lucy Libido, your new best friend who will guide you through using essential oils between the sheets. Based on the smashingly popular Lucy Libido class, this hilarious yet informative book will teach you natural hormone balancing, oils that increase libido, and oils that increase your man's performance. She even includes her best oil recipes that have left her fans starry-eyed and smiling. Developed by a woman for a woman, "There's an Oil for THAT" gives you all the tips, tricks, and fun in one easy to read book that you'll want to store at your bedside.

The beloved romantic comedy classic from USA Today bestselling author Mindy Klasky, now in a 15th Anniversary Edition, including an all-new Author's Note! Jane Madison has a problem. Or two. Or three. She has a desperate crush on her Imaginary Boyfriend, a man who doesn't know she exists. Her doting grandmother insists she meet her long-absent mother. She's working as a librarian, trapped in absurd costumes and serving up lattes in a last-ditch effort to keep her employer solvent. In lieu of a well-deserved raise, Jane is allowed to live in an ancient cottage on the library grounds. She soon discovers a hidden chamber filled with magical books that awaken her inner witch. Her first spell releases a smart-mouthed feline familiar. Her second makes her irresistible to men. Those witchy workings draw a compelling astral enforcer, David Montrose. Will magic—and David—solve Jane's problems? Or only bring her more disasters? "[A]n irresistible tale of power and love, friendship and acceptance... Charming and insightful." — Romantic Times If you like romantic comedy, romcom, chicklit, or humorous and funny stories about libraries, librarians, witches, witchcraft, magic, fantasy, supernatural or paranormal events, in the vein of The Kiss Quotient, The Hating Game, 99 Percent Mine, The Unhoneymooners, or Practical Magic, you will love this book! Magical Washington includes The Washington Witches Series, the Washington Vampires Series, the Washington Warders, and the Washington Medical: Vampire Ward Series: Girl's Guide to Witchcraft Sorcery and the Single Girl Magic and the Modern Girl Single Witch's Survival Guide Joy of Witchcraft Capitol Magic "Dreaming of a Witch Christmas" "Nice Witches Don't Swear" Fright Court Law and Murder High Stakes

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Trial "Stake Me Out to the Ball Game" The Library, the Witch, and the Warder The Witch Doctor Is In Fae's Anatomy The Lady Doctor is a Vamp 030720mkm

"...A primer on how to spot what and who is real in business, and pivot successfully, even under adverse circumstances."--  
Written with humor and an attitude of 'if you can't beat them, join them' this is a guide to all the rules, trivia and players associated with hockey, designed for any woman who feels shut out by endless months of hockey mania. Updated for 2007.

Do bad girls really have more fun? Surveys say no. The women who are most likely to enjoy sex are married and religious. In other words, they're Good Girls! But good girls know that making sex great isn't about acting trashy. It's about recognizing what God really designed sex for, and then learning how to reap all these benefits and joyfully enjoy your husband. Frank and contemporary, this ebook download of The Good Girls' Guide to Great Sex will give the newly engaged and new brides—and some veteran wives—a Christian place to turn to answer their most intimate, and embarrassing, questions. In a conversational style, with lots of humorous anecdotes, the book will show that sex isn't just physical: it's also an emotional and spiritual experience. And we'll learn why commitment in a Christian marriage is the perfect recipe for a sex life which is out of this world!

Provides entertaining suggestions for both at-home parties and off-premises playdates, with game and craft ideas, affordable and healthy alternatives to goody bags, age-specific activities and gifts, and other helpful advice.

Gods won't save you. Gods will break you. Nevertheless, you will persist. And become anew. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

The highly anticipated sequel to the instant New York Times bestseller, A Good Girl's Guide to Murder! More dark secrets are exposed in this addictive, true-crime fueled mystery. Pip is not a detective anymore. With the help of Ravi Singh, she released a true-crime podcast about the murder case they solved together last year. The podcast has gone viral, yet Pip insists her investigating days are behind her. But she will have to break that promise when someone she knows goes missing. Jamie Reynolds has disappeared, on the very same night the town hosted a memorial for the sixth-year anniversary of the deaths of Andie Bell and Sal Singh. The police won't do anything about it. And if they won't look for Jamie then Pip will, uncovering more of her town's dark secrets along the way... and this time everyone is listening. But will she find him before it's too late?

If you're living a perfect, charmed life . . . well, then this book isn't for you. But if, like the rest of us, you are at times broken, confused, lonely, or scared—if you're struggling with problems that you think "good Christians" don't have—then welcome, girlfriend, and pull up a chair! This quirky, friendly, and gut-honest devotional comes straight from the heart of Ellen Miller (CEO, marketing executive, mom, and unapologetic "glorious mess"). Despite the serious struggles she's faced, Ellen today lives a life of profound joy, and The One Year Book of Inspiration for Girlfriends contains 365 days' worth of the principles and philosophies that have gotten her there. There's no subject she's afraid to tackle! Her quick, daily doses of encouragement will make you laugh, give you something to look forward to, help you to stay (somewhat!) sane . . . and remind you that you're never alone.

The Good Girlfriend's Guide to Getting EvenThe brilliant new laugh-out-loud love storySimon and Schuster

Stories provided by women explore the loyalty and acceptance in their relationships with girlfriends, best friends, soulmates, and confidants

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A revised edition of a best-selling reference features twenty-five-percent new material and the original work's trademark combination of humorous and down-to-earth advice, in a resource that features a wealth of anecdotal tips on everything from maternity clothes and pregnancy sex to birthing options and postpartum recovery. Original. 100,000 first printing.

Written with humor and an attitude of 'if you can't beat them, join them' this is a guide to all the rules, trivia, and players associated with football, designed for any woman who wants to decode a strange and passionate sports world. Updated for 2007.

When it comes to your new baby, everyone from Dr. Spock to Dr. Brazleton has an armful of advice. But no one's delivering any tips on how you can care for yourself. Now, four-time delivery room veteran Vicki Iovine answers your questions, calms your fears, and cracks you up as only a girlfriend can, with straight advice and hilarious observations on... "Baby euphoria": Is it a mind-altering drug? "Husband? What Husband?": Taking care of the big baby, as well as the little baby "I Want My Old Body Back!": What you can fix and what you can't "The Droning Phenomenon": The inability to discuss anything but your baby for more than thirty seconds "Do I Have to Become Carol Brady?": Conquering your fear of being a less-than-perfect mother "Competitive Mothering": Coping with know-it-alls, finger-pointers, and others who try to "Out-Mom" you NOTE: Pausing to read this book may be the only selfish thing you do all year, since you'll have time for nothing else! The practical, comforting, honest, and hilarious bestseller for moms-to-be, with more than one and a half million copies in print! Your doctor gives you medical advice. Your mother buys you baby clothes. But who can give you the real skinny when you're pregnant? Your girlfriends, of course—at least, the ones who've been through the exhilaration and exhaustion, the agony and ecstasy of pregnancy. Four-time delivery room veteran Vicki Iovine talks to you the way only a best friend can—in the book that will go the whole nine months for every mother-to-be. In this revised and updated edition, get the lowdown on all those little things that are too strange or embarrassing to ask, practical tips, and hilarious takes on everything pregnant. What really happens to your body—from morning sickness and gas to eating everything in sight—and what it's like to go from being a babe to having one. The Many Moods of Pregnancy—why you're so irritable/distracted/tired/lightheaded (or at least more than usual). Staying Stylish—You may be pregnant, but you can still be the fashionista you've always been (or at least you don't have to look like a walking beachball)—wearing the hippest designers and proudly showing off your bump. Pregnancy is Down To a Science—from in vitro fertilization to scheduled c-sections, there are so many options, alternatives, and scientific tests to take that being pregnant can be downright confusing! And much more! For a reassuring voice or just a few good belly laughs, turn to this straight-talking guide on what to really expect when you're expecting.

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